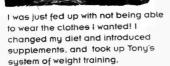


Imagine 31 pounds of butter

That's how much body fat Ashika Shah lost with our weight loss system



My absolute top supplement was Amino-Or which I took every day. With that I took Amino Energise and Liver Formula which gave me loads of energy throughout the day.

> Ashika Shah

More of our latest and greatest **WEIGHT LOSS** results!

I have lost one stone and gone down one size in my clothes. My belt size has gone down four holes. Thank you.

Ekrem

cit/106

file the birth of my third child (by C-section)

felt completely over whelmed a the thought

frying to lose the 3 ½ stone I had gained

firing the pregnancy. As with my previous 2

bildren once the boby was 6 miths old I

totaled excercising gently and following what

felt as a healthy eating plan however 8

complete in the control of the control of the control

sand into my local T.O. Shop and bought a

tipply of Amino-Or and Energise and got

some simple informative advice on my diet.

Four miths later. I have lost just under 2 stone

Pour mths later. I have lost just under 2 stone but have dropped from a size 18 to a size 14/12! but have dropped from a size 18 to a size 14/12!
I feet fantastic and really motivated to lose the final 20 pounds needed to get into my favouritle pre-pregnancy size 10 jeans!

R MCK Louth

1/2/06
I find Amino Energise and Amino-Or fantastic.
It not only increases my energy levels. It has helped me shed 2 stone 10lbs. and given me muscle tone that I never thought possible.

I use these products as part of a low GI controlled eating plan and feel 10 years younger.

Can't praise it enough.

→ Liz Woods

31/1/06
I started on Amino-Or and Amino Energise in March a few years ago and the weight flew.off.
I fett a complete different person, more energy with a complete (TOTAL), changed outlook on life. Priends told me that I looked great. It's hard to imagine but I was so overweight I had difficulty wolking, and the most simplest of tasks, tying shoetaces and putting in schoke.

Amino-Or and Energise is there for everyone and I strongly recommend that people take it

Mrs. C Dundalk

AMINO-OR & AMINO ENERGISE WEIGHT LOSS PACK NATIONWIDE MAIL ORDER 1 800 200 101

CORK
LIHERICK
KILKENNY
GALWAY
DUNDALK
Herchant's Quay SC, 021 4270377
Arthurs Quay SC (opp.Tesco), 061 440013
Market Cross SC, 056 7771277
Eyre Square SC, 091 564865
19 Jocelyn St., 042 935 8097

DUBLIN REGION

67 Scotes 61. (opp. Maler Private) 01 850 8588 The Square (lev.5), Tollaght 01 452 (650 Dun Laoghaire 95 i.wr. Georges 31 401 280 9891 Jervis 91. Centre 01 878 6938 Blanchardstown 96 (lev.2) 01 824 3198

61. Stephen's Green Centre 01 478 5405 Swords Pavillons 6C 01 890 35560