

We have found:

Beta-Gold capsules an ideal natural aid to a healthy tan which will obtain good results for many of those who use them.

Skin Protection:

Research indicates 3 capsules daily may help to give some protection against UV skin damage.

Other Health Benefits:

Beta-Gold also contains provitamin A, a seful nutrient which your body converts to fitamin A - but only in the amount it equires, so you can't take too much. Large-

scale studies seem to prove that amin may actually help protect against disease. Free radicals are mane suggests, little terrorists hat around snatching electrons from he cells causing cellular damage which le to wrinkling, loss of elasticity i.e. prema ageing.

to wrinking, loss of classes, ageing.
The good news, however, is that we can help the body dispose of its free radicals. Certain foods, vitamins and minerals seem to combat or destroy these scavengers. Among these are Vitamin C, Vitamin E, Selenium and the form of provitamin A as found in Beta-Gold. This is why it may help safeguard your health while allowing you to tan.



Fair skin and tanning supplememts

Most fair-skinned people who find it difficult to develop a fan may be lacking in metanin. Metantini is your body's natural brown pigment which the skin uses to protect itself from sunlight. A body that contains ample metalini will generally produce a much deeper fan. This pigment is sald to be produced by using two of the body's natural ingredients:

L-Tyrosine, an amino acid
 Copper, a mineral

Naturally, the more of these ingredients in the correct amount within the body the easier it is to produce metanin. It would seem that by taking these nutrients the body's ability to produce metanin may be enhanced. Can be used by all skin types.

These tanning supplements can work

well, for many of us, producing a faceper and safer tan than normal.

Many redheads and fair-skinned people who have never had a tan in their lives were able to achieve a colour for the very first time by using our products. Everyone did not achieve the depth of a tan of a naturally dark-skinned person, but allowing for their genetic background (which is generally tacking in melanin) the results were very positive.

BETA-GOLD (6 Week supply) £13.95 **ULTRA-BRONZE** (1month's supply) £13.95 **SPECIAL OFFER BETA-GOLD & ULTRA BRONZE** £25.00

OFFERS VALID UNTIL END JULY 2001

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Eyre Square, Galway: 091 564865 Also Main St. locations: 96 Lr. Georges St., Dun Loaghaire: 2809891 **Rathmines: 4974234** 67 Eccles St,D7: 8308588 Jocelyn St,Dundalk: 042 9338097 Academy St, Cork: 021 4276364

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If ordering by mail, include your full name and address Post to: Tony Quinn Mail Order 67 Eccles St. **Dublin7**

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