

# jaded image of wallpaper with funky new colours, patterns and borders



ROLL REVERSAL: Wallpaper's in — but stacks of new designs ensure that it needn't be boring

## ▶ PAPER TIPS

- ▶ Buy rolls with the same batch number on the label to avoid colour variations.
- With large pattern repeats buy more paper as you'll get fewer lengths from each roll.
- ▶ Use a steam stripper if you have to remove several layers of old paper and fill in any holes or cracks in walls then sand smooth.
- ▶ Remember to mark the position of screw holes for shelves and pictures with marksticks so you can locate them when the paper has dried.
- ▶ Begin wallpapering from a window, moving away from it round walls in one direction. If the paper has bold designs hang the first length in the room's focal point.
- ▶ Hang the first piece along a marked vertical line — use a plumb line.
- After pasting allow paper to absorb paste for a few minutes as it makes less likely to wrinkle and bubble. Allow an extra 5cm at the top and bottom for trimming.
- ▶ Butt paper so it meets edge to edge, don't overlap. Don't try to go round corners with paper, cut two pieces.
- ▶ Be prepared to make a mistake. Just peel off paper and reposition.

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It has been Discovered that many people think in a divided manner as follows . . .



Dave O'Connor has been personally trained by Dr. Tony Quinn. He is pictured here with Dr. Quinn and Dr. Bob Delmonteque.

- "I want to be successful, but there's no way I'll succeed"
- "I want to give up smoking but I've tried so many times before"
- "I'd like to get into shape but I have not got the time"

As long as your mind is divided in this way you will never succeed to any great degree because there are too many opposing, negative thoughts — you must learn to think in one direction.

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For Credit Card Bookings phone Dave O'Connor at 086 - 830 0575 or Tony Quinn Centre Ph: 01 478 5404