Develop A Healthy Tan Develop a healthy colour all-year-round safeguarding while your health.

If you have ever wished for a golden tan all year round - the wer. Beta-Gold is a natural supse capsules may be the ar ness capacities may use alle answer, secu-core is a natural sup-nent extracted from plants. When used for over two weeks an cause the sidn to turn a light golden colour. These cap-is may also be used with sunbathing or sunbeds.



WE HAVE FOUND

SKIN PROTECTION:

Research Indicates 3 capsules daily may help to give some protection against U.V. skin damage.



TOTALLY NATURAL

HEALTH SAFEGUARD

ndicals are, like their name suggests sts that go around snatching ele-healthy cells causing cellular da leads to wrinkling, loss of elasticit

presenture ageing.
The good news however is that we can he holy dispose of its tree radicals. Certain vitamins and minorals seem to comi destroy these scavengers. Among the Vitamin C, Vitamin E, Scienium and the fi Provitamin A as found in bela-Sold. Title is may judy actiguard your health white of

ULTRA BRONZE MAY HELP

TO MAKE THE VITAL DIFFERENCE TO YOUR SUNTAN

The use of food supplements as tanning aids has become quite popular in recent years. Fair-skinned Irish people, and callie background, and aids has become quite popular in recent years. Fair-skinned Irish people, because of their Celtic background, and in contrast to their Mediterranean cousins, may lack melanin. Melanin is your body's brown pigment which the skin uses to protect itself from sunlight. Many health conscious sun-seekers now believe that taking the nutrient tyrosine and the trace mineral copper may enhance the body's ability to produce melanin. Tyrosine and copper are now available in capsule form as Ultra-Bronze.

Many redheads and fair-skinned people to



Bronze.

Many redheads and fair-skinned people who have never had a tan in their lives have been able to achieve a colour for the very first time by using these products while sunbathing. But darker-skinned people who wish to make the most of their time in the sun may also use Ultra-Bronze. Two capsules per day is recommended commencing at least 3 days prior to sunbathing - a two to three week course is preferable

YOUR DEEPEST EVER TAN - WITH MINIMUM SUN:

By combining Ultra-Bronze with our natural carotenoid product Beta-Gold and adding a little sun exposure, we believe you may develop your best suntan ever. Ultra Bronze capsules are recommended for use with sunbathing or sun-beds.





Pick up your free copy from any of our stores



OFFERS VALID UNTIL END MAR 2000