

The Educo System

The word Educo means to draw out from within. Our aim is to teach people how to draw out their goals from within their minds. If you take all of your mind power and focus it on a successful outcome then, providing there are no opposing thoughts, you dramatically increase the odds in your favour. The purpose of the Educo system is to encourage you to think in this fashion, to focus on what you want while not allowing any mind power to dwell/focus on what you don't want. Instead of applying your mind-power and attention to stress, worry, and problems, just apply the same mental intensity to your goals. This apparently small switch in your way of thinking is the difference between success and failure.

Please realise that you can have the life of your dreams by putting into practice what you are reading here: Say your total mind power consists of 10 units. If 3 units are taken up with the successful completion of your goal and 7 are taken up with thoughts of failure, worry, fear etc., then you will fail. Keep doing this and you will never draw out (Educo) your awesome human potential. You will only see this potential when you apply all of your mind power to your goal. This is exactly what the world's greatest achievers have learned to do. If you want to live your life to the fullest you must learn to do this also.

EDUCO FOR EVERYONE.

Our aim then is to provide the necessary information so that anyone who wants can learn to use more of their mind power units. This information is available through free talks and video material and in this newspaper. Training in the Educo approach is available through Postal Requests, Successful Living Sessions, Relaxation Days, audio tapes, video seminars, right up to exclusive seminar and individual one-to-one work I do with clients. You may be one of those people who want to live the life you are currently only dreaming about. I'm here to tell you we can make it happen together. Whatever point you are at - start now to use this information to be all that you can be.

Tony Quinn.

Successful Living Sessions

DUBLIN CITY CENTRE - 66 Eccles St.
Tue/Thur 12pm, 1:15pm, 6:30pm, 7:30pm
Contact Aileen @ 830 4211

DUBLIN RATHMINES - 2 Wynnefield Rd.
Phone: 4974234.

MALAHIDE - The Grand Hotel
Tues 8pm
Contact Lyndon @ 8786938 086 859 5176

DUN LAOGHAIRE - 96 Lr. George's St
Tue, Wed & Fri 7:30pm
Contact Dave @ 280 9891

CORK - 20, Academy St
Tue & Thur 11am, 12am, 6pm, 7pm
Contact Imelda @ (021) 276364

GALWAY - Galway Bay Hotel
Wednesday 8pm to 9pm
and Friday 7.30 - 8.30
Contact Zana @ 091 564865 087 2244794

LIMERICK - Jury's Inn
Thursday 8pm
Contact Zana @ 091 564865 087 2244794

Successful Living Sessions

RESULTS FROM OUR CENTRES COUNTRYWIDE

Let us work with you to bring about the changes you want in business, success, health, healing, self and life improvement. Call one of our centres listed below and you can begin changing your life today. If you wish you can also see our free introductory video.

I feel in total control of my life

I never realised I had phobias until I went skiing. I always wanted to do it so I gathered the family and went. It was disastrous. My whole body shook completely. I wasn't able to stand - it was unreal. When I came home I tried different sorts of therapy, to no avail. Then I heard of Tony Quinn, and I started the classes. I went skiing a few months later and had a fantastic time. I had another phobia about water. I wasn't able to swim and even though

I got loads of great swimming lessons and private lessons, it didn't work. Then with the help of the Tony Quinn Classes I can now swim successfully on my own. They have also helped me to really focus more on business and family. I listen to the tapes all the time and now feel in total control of my life. Thank you!

M. Gannon
Cork.

Flourishing business and

exciting Life

I was very stressed out from running my own business and looking after the children. I started going to the classes and immediately got results. My hairdressing business in Cobh has flourished bigtime. As a result of that I was able to buy a new house and a new car and able to go on holidays. I am relating much better, having lots more fun and generally feel more freed out. So, for me, life has become much more exciting. I am looking forward to even more exciting things happening from now on.



Colette O' Donovan
Cobh

I have found myself again

I've always been a very busy person having a home to run with three young children, a part time job and a husband who is often away. Through the years I've done my best but it was always at a frantic pace and very stressful. I always felt I was chasing my tail and wondered what had I got myself into, and how was I going to cope with this life forever. I was always exhausted, even after a good night's sleep! Recently I started going to the Successful Living classes in Eccles Street and there has been a very dramatic difference in me, and in my life, since I started. Through the system, I've learned how to free my mind of the anxieties and constant thinking that made me feel stressed and unhappy. As a result of this everything is much easier. I have found myself again - and it feels very good. I feel calm and full of love and I've even found my smile. Life is not hard, it's effortless, and fulfilling as a result.

Mary
Dublin 7.

Now I enjoy every day

I began relaxation classes no less than three months ago because of panic attacks. I was unable to leave my home, unable to talk to others etc. Just when I was giving up hope, magic happened. I now enjoy every day as it comes, life is wonderful and I

appreciate every precious moment thanks to the Tony Quinn system and all the wonderful staff who have helped to give me back my life. Thanks!

Mary
Cork.



ALL SMILES: Happy faces following a successful living session

A major turning point in my life

Around this time last year I started to attend the Successful Living classes. I was at a stage in my life when I had everything to be happy about and could just not feel happy and could not understand why. In every area of my life I felt stressed and had reached all time low.

After speaking to Imelda I felt the classes were maybe what I was looking for and decided to give them a chance. Almost straight away I felt a change in

myself and in my thinking. As I became more relaxed and happier in myself, everyone else around me was also affected.

This has led to me enjoying life more and being able to relax in every situation. I can now say that attending the Successful Living classes was a major turning point in my life and in the lives of those closest to me.

Liz O'Brien
Cork.

Success in Kenpo Karate Grading

I have been attending the Successful Living classes, where I have received great results. I decided to go further, attending Dr. Tony Quinn's two week seminar in the Bahamas. I am delighted with the results of the seminar. I'm steadily watching my dreams come true. Having done the seminar with Dr. Quinn one of my main goals was to achieve my red-black belt, under Professor Shay McNamee, of Leeson Street Martial Arts Academy. I am delighted to report that I received my Belt and certificate on 11 December last. What I found most helpful in



helping me to achieve my goal was using the Educo system which I learned from Dr. Quinn.

D Wilson
Dublin.

Key to business success

I've been attending the Successful Living classes for a good while now. I regard them as my guarantee cards for a brilliantly successful life. I put what I learn from Aileen or Tony into every part of my life.

My business goes from strength to strength in the easiest possible way. I have been in a highly competitive retail business for the last 25 years. Before attending the classes I worked too hard for too little! Now I expect the best and I'm never disappointed. Each new

customer brings back another three - I don't need to advertise! The difference now is I know I can give 100% to each new client and they recognise this.

Really knowing how to live life to the full has changed every aspect of my life. I enjoy every moment and the rewards keep coming in. What better gift to hand on to your children? I highly recommend the sessions. They are the only key to success.

Lynda.

Note: Under no circumstances are we suggesting or implying that this approach should take the place of medical advice or where necessary medical treatment. However we believe that it is a valuable addition to any form of therapy.