DEVELOP A



golden tan all year round - then these capsules may be the answer. Beta-Gold is a natural supplement extracted from plants. When used for over two weeks it can cause

If you hav ever wished for a the skin to turn a light golden colour. These capsules may also be used with sunbathing or sunbeds.

WE HAVE FOUND

BETA-GOLD capsules an ideal natural aid to a healthy tan which will obtain good results for many of those who use them.

SKIN PROTECTION:

Research indicates 3 capsules daily may help to give some protection against U.V. skin damage.

OTHER HEALTH BENEFITS

Beta-Gold also contains provitamin A, a useful nutrient which your body converts to Vitamin A - but only in the amount it requires, so you can't take too much. Large-scale studies seem to prove that this provitamin may actually help protect the body against disease.



OLD A HEALTHY PART OF EVERY TANNING PROGRAMME



NATURAL BETA GOLD IS 100% NAT-URAL EXTRACTED FROM PLANTS. WE DO NOT RECOMMEND SYNTHET. IC BETA-CAROTENE.

Do not confuse BETA GOLD with a synthetic tanning le that was available in recent years

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Free radicals are, like their name suggests, little terrorists that go around snatching electrons from healthy cells causing cellular damage which leads to wrinkling, loss of elasticity i.e. premature age-

The good news however is that we can help the body dispose of its free radicals. Certain foods, vitamins and minerals seem to combat or destroy these scavengers. Among these are Vitamin C, Vitamin E, Selenium and the form of Provitamin A as found in Beta-Gold. This is why it may help safeguard your health while allowing you to tan.

ULTRA BRONZE MAY HELP TO MAKE THE VITAL DIFFERENCE TO YOUR SUNTAN

The use of food supplements as tanning aids has become quite popular in recent years. Fairskinned Irish people, because of their Celtic background, and in contrast to their Mediterranean cousins, may lack melanin. Melanin is your body's brown pigment which the skin uses to protect itself from sunlight.

Many health conscious sun-seekers

now believe that taking the nutrient tyrosine and the trace mineral copper may enhance the body's ability to produce melanin. Tyrosine and copper are now available in capsule form as Ultra-Bronze.

Many redheads and fair-skinned people who have never had a tan in their lives have been able to achieve a colour for the very first time by using these products while sunbathing. But darker-skinned people who wish to make the most of their time in the sun may also use Ultra-Bronze. Two capsules per day is recommended commencing at least 3 days prior to sunbathing a two to three week course is preferable

YOUR DEEPEST EVER TAN - WITH MINIMUM SUN

with our natural carotenoid product Beta-Gold and adding a little sun exposure, we believe you may

By combining Ultra-Bronze develop your best suntan ever. Ultra Bronze capsules are recommended for use with sunbathing or sunbeds.





Pick up your free copy of this booklet from any of our stores

BETA-GOLD (6 Week supply) £13.95

ULTRA-BRONZE enth's supply) £13.95 SPECIAL OFFER BETA-GOLD & U LTRA-BRONZE £25.00

OFFERS VALID UNTIL END DEC 2000