

The Educo System

The word Educo means to draw out from within. Our aim is to teach people how to draw out their goals from within their minds. If you take all of your mind power and focus it on a successful outcome then, providing there are no opposing thoughts, you dramatically increase the odds in your favour. The purpose of the Educo system is to encourage you to think in this fashion, to focus on what you want while not allowing any mind power to dwell/focus on what you don't want. Instead of applying your mind-power and attention to stress, worry, and problems, just apply the same mental intensity to your goals. This apparently small switch in your way of thinking is the difference between success and failure.

Please realise that you can have the life of your dreams by putting into practice what you are reading here: Say your total mind power consists of 10 units. If 3 units are taken up with the successful completion of your goal and 7 are taken up with thoughts of failure, worry, fear etc., then you will fail. Keep doing this and you will never draw out (Educo) your awesome human potential. You will only see this potential when you apply all of your mind power to your goal. This is exactly what the world's greatest achievers have learned to do. If you want to live your life to the fullest you must learn to do this also.

EDUCO FOR EVERYONE.

Our aim then is to provide the necessary information so that anyone who wants can learn to use more of their mind power units. This information is available through free talks and video material and in this newspaper. Training in the Educo approach is available through Postal Requests, Successful Living Sessions, Relaxation Days, audio tapes, video seminars, right up to exclusive seminar and individual one-to-one work I do with clients. You may be one of those people who want to live the life you are currently only dreaming about. I'm here to tell you we can make it happen together. Whatever point you are at - start now to use this information to be all that you can be.

Tony Quinn.

Successful Living Sessions

DUBLIN CITY CENTRE - 66 Eccles St.
Tue/Thur 12pm, 1:15pm, 6:30pm, 7:30pm
Contact Aideen @ 830 4211

MALAHIDE - The Grand Hotel
Mon & Thur 7:30pm

Contact Lyndon @ 8304211 087 2296870

DUN LAOGHAIRE - 96 Lt. George's St
Tue & Fri 7:30pm

Contact Dave @ 280 9891

RATHMINES - 2 Wynnefield Rd
Tue & Thur 6:30 & 7:30pm

Contact Yvonne @ 4974234

CORK - 20, Academy St

Tue & Thur 11am, 12am, 6pm, 7pm

Contact Imelda @ (021) 276364

TALLAGHT

Mon & Wed 7:30pm

Contact Martin @ (01) 4621660

GALWAY - Jury's Inn

Wed & Fri 7:30pm

Contact Zana @ 091 564865

Successful Living Sessions

RESULTS FROM OUR CENTRES COUNTRYWIDE

Let us work with you to bring about the changes you want in business, success, health, healing, self and life improvement. Call one of our centres listed below and you can begin changing your life today. If you wish you can also see our free introductory video.

Complete Life Improvement

When I first came along to the Successful Living Sessions I was almost a complete sceptic. But on hearing the unbelievable results that others had achieved I continued the classes in anticipation and hope for a better way of life. Gradually I noticed a huge improvement in the way I felt about myself and others. I became much happier. Life became much more abundant and fulfilling. Goals started to happen and the most amazing thing is how relaxing and enjoyable the classes are. Some of my requests have included a successful change in my career, healthier lifestyle and more fun, and the best two weeks of my life on a mind training seminar with Tony Quinn in the Bahamas. This is the most incredible life transforming system ever and I count



myself very lucky to have found it. If you would like your life to change, don't think about it, just come along and try it. I can honestly say that since my life has started to improve there is never a dull moment. I seem now always to be in great form, people want to talk to me and my social calendar is full. I really am operating from a new lease of life and I love it.
Edell, Dublin

Far more relaxed

I started the relaxation/ Successful Living Sessions almost four years ago and my attitude and approach to life has completely changed as a result. I am now a far more relaxed, energetic and happy individual, really experiencing life for the first time in years. I have learned that if I am happy, relaxed and enjoy and appreciate everything I have, success, happiness and everything I request becomes available to me in abundance. In the past four years I have

received fantastic results in every area of my life. I have received two different awards for academic achievements and I have even surprised myself at my relaxed yet focused approach towards exams. I just sit back, relax and to with the flow of life and the more I open my mind to happiness and success the more amazing opportunities come my way. This is the way life was meant to be.
Gillian Sheehan, Cork

Stress free living

I am writing to you to offer you heartfelt thanks for all the benefits I have been receiving as a result of attending the successful living sessions in Eccles Street. Through these sessions I have received the most precious and priceless knowledge any human being can possess, the power to totally change your life and see it getting better and better every day. I started the sessions weighed down with stress, worries, fears and many other problems. I now have



no fear, no worries, no problems, just an amazing feeling of peace and happiness. Everything I need comes easily to me. For the first time in my life I am really alive.
Angela, North Co. Dublin

Relief from Anxiety & Depression

I've had years of on and off anxiety and depression from thoughts and fears and taking notice of what people said and did to me ever since I was a child. My doctor suggested I visit your Centre. I met Imelda she was so kind and really cared. I knew she was going to help me. I wasn't sleeping. I had no confidence. I was like a child afraid to move everywhere I went. I had two or three classes of relaxation and I felt free. I started to see how beautiful the trees were, the beautiful blue sky, how nice people were to me. Things changed: I was looking at life differently. I felt different: I wasn't afraid anymore. I started



swimming again. I found it easier to talk to people and wanted to go out more. My husband doesn't know what came over me. We have some great laughs together and I have a great sense of humour with people, something I never had. I love life again. Thank you.
Noreen O'Donoghue, Cork

Job related stress

I was a teacher for twenty years. In my first school I was treated with respect. In my second school I was bullied, harassed and emotionally abused. I resigned, refusing to accept the disrespect shown to me. After much searching on my part I came across the Successful Living Sessions. They are so good for me, I feel so much better in myself. It is important to attend the classes even if you're feeling down. I know



from experience, you will feel a lot better after it.
Marianne, Dublin 6.

Freedom from ME

I am 16 years of age and about two years ago I was diagnosed as having M.E. I had aches and pains all over and I was exhausted all of the time. Apparently nothing could be done for this condition medically. I could not even study or attend school. I heard about the Successful Living Sessions in Eccles St, and started to attend before Christmas. There have been amazing improvements for me since I started to attend, not only has my energy gone way up but the aches and pains have

disappeared. I am able to get around freely and enjoy life. I am able to focus on homework and get so much done. I travel for four and a half hours to attend the sessions. It really is worth it and the atmosphere is so welcoming. The minute I walk in I feel warm and uplifted and supported. My future looks great now. I can plan what I want with certainty that it is going to happen. I feel my family are enjoying having me around now instead of me being a drain on them.
Betty.

Relief from Depression

Three weeks ago I started attending the Successful Living Sessions. I was suffering from depression and stress with both family and work related problems. Since attending I can see improvements in all areas

in my life. Everything has turned around for me in such a good way. I am looking forward to continuing success and feel totally confident in this system.
Phil, Dublin 12

Note: Under no circumstances are we suggesting or implying that this approach should take the place of medical advice or where necessary medical treatment. However we believe that it is a valuable addition to any form of therapy.