

business success to increased popularity, improved selling ability, better sex life, more happiness etc.

I believe that everyone at a certain point in life should take two weeks out of their life to reassess what they have done up until now and train to use more of their mind. If they are prepared to do this they can totally change the rest of their life. That is why I developed this seminar programme. I find this kind of work to be the most exciting thing you can imagine.

You call the system you use on the seminars Educo. What does that word refer to?

Educo is a Latin word meaning to 'draw out from within'. My understanding is that if you learn to enter that mode of Unconscious Attention, as opposed to conscious attention (SEE PANEL AT LEFT BEFORE READING FURTHER), then with that increased capacity of mind you can focus on life to a greater level. It can be applied to any aspect of life from talking with someone, having sex, eating your dinner or even taking a walk. In this way for the first time you are using so much more of your brain and your mind. Essentially you are drawing yourself out more. My understanding is that in this way you become much more intelligent as a person - so much so in fact that you get a shock (in a good way) at how aware you become. Using your mind in this way is a much more effortless way of living.

Educo to me is about learning to focus on life and consequently your self in the real sense of the word is drawn out. That pure part of you, your Self, is then relating to life without the contamination of the past and you will find that what you see is that the world is often a wonderful place, a paradise. Indeed what comes from you, from your Self, at that point has a degree of perfection, which you may not have realised. This is my own personal experience of the Educo process and at this stage I have a lot of research and the experience of working with many other people to back this up.

How come we don't normally experience this Educo process?

I believe we miss this experience of life because we are just seeing it

through negative distorting thoughts, poor self-image and negative thought programmes. Indeed those who make breakthroughs in any area such as true scientific discoveries or business success, start with an open mind where they have moved outside of that small mental space and see the bigger picture. To try this for yourself what you can do is focus on the goals that you have in your mind to the exclusion of opposing negative thoughts. This is what the super-achievers are able to do, they are able to focus on their goals to the exclusion of even logical thoughts and therefore their goals are drawn out. Think of people like the Wright Brothers who achieved what seemed to many people as impossible, illogical goal - that of developing planes to carry people through the sky. Or someone like Thomas Edison who had a crazy idea that it was possible to have a mini sun in every room and that eventually we could light up a city with just the press of a switch. As a consequence of this "crazy" thinking in America in the space of 150 years they have literally gone from dusty trails and covered wagons to six lane highways with automobiles and then on to mobile phones, satellite TV, the Internet etc. All of these things were drawn out of the minds of creative people by the Educo process where they totally focused on what they believed could be achieved and ignored other people's opinions and often their own opposing thoughts.

So is that the secret of success?

It appears to me that every successful person is actually using unconscious attention to draw out their potential even if they were never trained to do it. Super-achievers do this because they are so passionately involved in their business or in their invention that they automatically give their full attention to it to the point of unconscious attention. The beauty of it is that we have reached the point in mind technology where anyone can learn to do what a so-called genius, super-achiever or even a very spiritual person could only seem to do before. This is why I am so interested in being at the cutting edge of this field.

I know that many people have paid you fabulous sums of money for the

The future of Mind Technology.

How do you see the future of mind technology?

At this point I'm in totally virgin territory, I don't know if there is anyone in the world doing the type of work and seminars I'm doing. I used to say 'Man Woman the Unknown - The Greatest Challenge of All' and that's how I still see it. The great adventure of the mind is that any of us can choose to go where we have never gone before. When you apply your whole mind both sides of your brain kick in, you get that mind expansion and begin to experience 'holistic thinking'. When you are out of all the thoughts you feel happy, you feel free, you feel spontaneous and you really feel that you can touch off people and really relate to them. If you want you could call it self-realisation because for the first time you begin to live from your Self rather than limiting thoughts.

Many people wonder whether being your Self in that sense involves a spiritual aspect?

By learning to use more of your mind you begin to realise that spirituality is almost part and parcel of our true nature. My understanding is that our true nature is one of perfection, love, intelligence and energy. Some people who have known me for years say to me 'Ah but you've given up the yoga'. But the word yoga means union with life and that's all I have ever helped people to do. When the thoughts fall away you join with life and then you get to know yourself and life and you realise how blessed we are that God has given us a mind. But unless you have your whole mind in action you can't know the beautiful world in which we live.

You often refer to the influence of the Gospels on your thinking.

When I was quite young I was into the Bible and the Gospels. I still am. In particular I was fascinated by all those pieces where Jesus says 'The kingdom of heaven is within', and 'Seek ye first the kingdom and everything else will be added unto you'. To me that seemed to say that if you allow that potential to be drawn out from within then the rest must follow. Again Jesus says 'to those who believe all things are possible'. Maybe that type of understanding and those beliefs made it somewhat easier for me to be able to step outside of limiting thoughts.

How do you use this understanding to get more out of life?

When you really really relax away all those thoughts and even your so-called personality, then your whole mind comes into action and you discover this energy

type of knowledge you have.

Yes that's true, but I like to think that ultimately I'm not taking money from them but giving them money. The point is that if the person takes the knowledge I give them and dramatically improves their business or their life then they benefit much more than I do. For example many private business clients may come to be trained individually by me for two weeks and are willing to pay me a third of their resulting profits to act as a consultant. But to do that we must of course make a profit in the first place. I see myself as having that unique knowledge and once people get to know something of it they consider it priceless. I can honestly say that I have had people pay me large sums of money and laugh at me at the end of it and say that it was worth ten times that.

Do you feel that the amount of money that people pay you causes them to take your information more seriously?

I guess there is something in that because throughout my life I have given people the same information

that we have inside us which is called 'life' and which is actually there to give you the perfect life. That to me is the most awesome discovery I have made, that life will literally look after you. Therefore I feel that when I go along to seminars or deal with private clients all I have to do is just really relax and be myself and when that happens I'm using my whole mind and life literally comes through me. It's as if life is doing the work in the same way as it digests your food and makes you aware. If you really have the courage to go for that adventure where you step outside that cling-wrap I can assure you that life almost does everything for you. Even the latest research and my own work with the university strongly supports this. I believe we are talking about the future here and that it is true, as the religious people say, that it is better to 'let go and let God'. But I find with most people that they don't let go and they don't let God. Otherwise they might possibly be a better example and an inspiration as to the abundance that life will give you if you let your life almost do its thing.

What does this mean ultimately, Tony?

Ultimately the truest thing I can possibly say about this, which may seem strange to many readers, is that life will not only look after you but will literally shower you with great abundance. While I feel I have made a lot of money in just a few years since I left Ireland, this happened as a result of living in the way I am suggesting here. Then I believe life rewards you. It's been an effortless process, it's been nothing but a joy. In sense I don't even bother with my initial goals because life seems to have much greater plans for me and I don't know if I would almost be limiting what is taking place. Now you may meet the ordinary person who is sincere in their faith and their belief in God. The only problem I still feel is that they think that God is limited and can only do maybe small miracles for them. Their thoughts may limit what God wants to do for them. My understanding is that if you are prepared to have that courage to almost in a sense let go of the helm and let your life be freely expressed, then you will find that you are into unlimited living. I can tell you that anyone I have been able to point this out to who has had the courage to experiment with this for themselves have been very impressed with the results on all levels. I believe that it's something that everyone should be prepared to experience. If you have heard people say in an almost casual way 'Well life has been good to me', then I can only say 'Wow has life been good to me! Thank you God'.

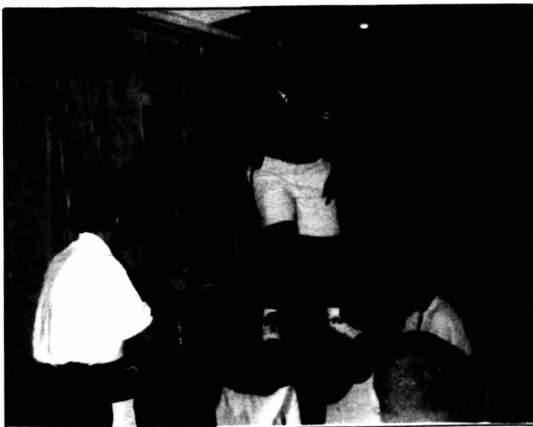
what you do?

I delight in seeing people of all ages awakening to their true potential. We have so much potential as human beings in all areas and I have never met anyone yet who has done more than touched the surface of their potential.

Finally Tony, are you living the life of your dreams?

Yes, so much so that sometimes I have to pinch myself to check it's not a dream, that I actually get paid by people to pursue my life-long int rest in parts of the world that can seem like Paradise.

To find out more about Tony's exclusive seminars in The Bahamas please phone Tom or Colette at (01) 671 2788.



Some people on seminars will do anything to get notice.