

The Educo System

The word Educo means to draw out from within. Our aim is to teach people how to draw out their goals from within their minds. If you take all of your mind power and focus it on a successful outcome then, providing there are no opposing thoughts, you dramatically increase the odds in your favour. The purpose of the Educo system is to encourage you to think in this fashion, to focus on what you want while not allowing any mind power to dwell/focus on what you don't want. Instead of applying your mind-power and attention to stress, worry, and problems, just apply the same mental intensity to your goals. This apparently small switch in your way of thinking is the difference between success and failure.

Please realise that you can have the life of your dreams by putting into practice what you are reading here: Say your total mind power consists of 10 units. If 3 units are taken up with the successful completion of your goal and 7 are taken up with thoughts of failure, worry, fear etc., then you will fail. Keep doing this and you will never draw out (Educo) your awesome human potential. You will only see this potential when you apply all of your mind power to your goal. This is exactly what the world's greatest achievers have learned to do. If you want to live your life to the fullest you must learn to do this also.

EDUCO FOR EVERYONE.

Our aim then is to provide the necessary information so that anyone who wants can learn to use more of their mind power units. This information is available through free talks and video material and in this newspaper. Training in the Educo approach is available through Postal Requests, Successful Living Sessions, Relaxation Days, audio tapes, video seminars, right up to exclusive seminar and individual one-to-one work I do with clients. You may be one of those people who want to live the life you are currently only dreaming about. I'm here to tell you we can make it happen together. Whatever point you are at - start now to use this information to be all that you can be.

Tony Quinn.

Successful Living Sessions

DUBLIN CITY CENTRE - 66 Eccles St.
Tue/Thur 12pm, 1:15pm, 6:30pm, 7:30pm
Contact Aileen @ 830 4211

MALAHIDE - The Grand Hotel
Friday 8pm
Contact Lyndon @ 8304211 086 859 5176

DUN LAOGHAIRE - 96 Lr. George's St
Tue, Wed & Fri 7:30pm
Contact Dave @ 280 9891

CORK - 20, Academy St
Tue & Thur 11am, 12am, 6pm, 7pm
Contact Imelda @ (021) 276364

GALWAY - Galway Bay Hotel
Wednesday 8pm
Contact Zana @ 091 564865 087 2244794

LIMERICK - Jury's Inn
Friday 8pm
Contact Zana @ 091 564865 087 2244794

Successful Living Sessions

RESULTS FROM OUR CENTRES COUNTRYWIDE

Let us work with you to bring about the changes you want in business, success, health, healing, self and life improvement. Call one of our centres listed below and you can begin changing your life today. If you wish you can also see our free introductory video.

Recovery from Back Pain

I was very tense, stressed out person as I suffered a lot of bad back pain. I had been diagnosed as having osteoarthritis in my spine and I was on a lot of medication which in turn caused digestive problems.

I got the Blueprint in the door one day and as I read the letters people had written about their results I felt it was worth a try.

I was only attending the classes a few weeks and the difference was amazing. The back pain had eased greatly and I was using less medication until finally the whole thing cleared up. Life felt brilliant for the first time in years and I became so relaxed, stress-free and confident.

I then decided to do the Ki Massage course and am now a qualified Ki Massage



therapist with a brilliant job that is very rewarding which I love doing. I am very fit healthy and happy. I have become so positive and one directional in my life. I am doing things today that I would not have had the confidence in myself to do before starting the classes. I love every day of my life its a great adventure and very exciting.
Mary Bolger, Dublin.

Freedom from grief

When I first started attending the Successful Living Sessions I used it for fixing specific problems and ailments. But I still could not relax as well as others, even though I was getting results. Some time later my son died in a car accident. The centre helped me through this traumatic time and I was able to function even without my prescribed medication and I went through the grieving process with support and understanding.

I then had the good fortune to go on one of Tony Quinn's

seminars in the Bahamas. I found that all the sorrow and depression lifted. I learned so much about the art of living and gained a confidence and understanding about my son's passing. Now I attend the sessions because I can enjoy them. I can fully relax in the knowledge that all my problems are sorted out rapidly when I take my head out of them and relax. I have joined the gym, am getting into shape and can honestly say I am loving life.

With thanks,
Mary Connell.

Enjoying life

I started attending the Successful Living Classes in Cork in 1998. I was amazed at how deeply relaxed I became during the sessions and even more amazed that this wasn't just a fix for a few hours but it continued into my everyday living. This doesn't just involve being able to relax, I have found improvement in my self-confidence, relationship, health and job. The most noticeable difference for me



is my ability to really have fun and enjoy life.
Larry, Cork.

Complete Life Improvement

I work in a very competitive, challenging job and had reached a stage recently where I had no energy and found each day a trial to get through. I was starting to suffer from a lot of colds and never felt upbeat anymore.

A friend recommended your classes and I have been attending twice a week for almost six weeks. Initially I was reluctant to commit to two evenings a week until I realised how much benefit I was getting. Now I would hate to miss a class. Right now I find that I feel so well. I am sleeping soundly at

night and wake up feeling refreshed and ready for a new day. My life is running so smoothly, and lovely things seem to come about effortlessly for me. I have just bought a brand new car and am about to buy my dream home.

My work is certainly much easier to cope with and lots of the people I work with have commented on how calm I have become recently. Even my relationships with my family are closer since I began to relax and feel centred. Many thanks for your guidance and help.
Evelyn Pender, Dublin.

Resolving panic attacks

I attended the Successful Living Classes as a result of suffering from panic attacks and depression. My whole life has changed since attending. Now I am very much in control of my life. I am confident and happier. I can relate to people great. I am also very relaxed in everything I do. Life is really worth living now. Thanks to Imelda and all my friends in Cork



Cora Murphy, Cork.

Free to live fully

by

Since joining the Successful Living Sessions I have seen my life go from one positive leap to the next.

Having been diagnosed with a serious illness, using what I learned from the classes I dealt with it with great courage rather than seeing it as a major catastrophe.

I am now very healthy and have just been offered an incredible job opportunity. Life is just rewarding me 100%, just

relaxing and leaving life to take care of itself rather than to get completely trapped in thought. I also spent two weeks in Monte Carlo on a Tony Quinn seminar and that is just something that everybody must experience for themselves. Incredible opportunities are coming to me without effort on my part.

C. Collins, Cork

Relief from Depression

I was suffering from depression following the birth of my baby. I was confused and didn't know where to turn. My mother suggested that I attend the Successful Living Sessions. In only one visit the changes were unbelievable. The depression has completely lifted and I am back enjoying

life again. I am stronger and happier. I really thought I would have to attend for ages before I would see an improvement. I was wrong, it was instant. I haven't looked back since. This is now two months ago. Many thanks.
Geraldine, Dublin 7.

Note: Under no circumstances are we suggesting or implying that this approach should take the place of medical advice or where necessary medical treatment. However we believe that it is a valuable addition to any form of therapy