

COURSES LEADING TO CAREERS IN HOLISTIC MEDICINE

On the Ki Massage Course, students are taught to "flow the Ki" while carrying out treatment.



"Jobs that let you get a lot more out of life"

HOW would you like to be working in one of the world's fastest-growing industries? The field of Holistic Medicine offers the potential for a lucrative part- or full-time career, doing work that is of real value to people and offering true fulfilment and job satisfaction.

Clients in all walks of life, but especially in challenging and high-pressure positions demand the services of properly trained holistic therapists to stay in top form and prevent stress building up.

A business opportunity

Holistic therapists starting out can

achieve high weekly earnings in just a few evenings per week. For full-time therapists the rewards can be much greater. Initial setup costs can be quite low as many people will work either from their own home in private practice or in conjunction with an established business such as a sports centre, leisure centre, golf club, fitness centre - the list is endless. Furthermore with the right qualifications you can easily work abroad in holiday centres, cruise ships, beach clubs or indeed from your own centre.

Educo System

The Irish Health Culture Association (IHCA - founded 1969) and Irish Association of Holistic Medi-

cine (IAHM - founded 1986) remain Ireland's premier providers of training in Holistic Medicine.

The Diploma Courses are based on the Educo system of Dr. Tony Quinn, which in turn is based on cutting-edge university-validated mind technology research applicable to all areas including medicine. The therapist is taught how to apply the mind technology approach both personally and with clients, leading to greater results with less effort. Indeed Dr. Quinn was awarded his M.Sc. Degree for work in this area which included assisting at four major operations using only mind technology for anaesthesia.

Enrolment & Enquiry Form

Name:

Address:

Tel.

** Please send me your prospectus
* I wish to apply for the following Diploma courses - I enclose deposit as follows:*

Course	Full Fee	Deposit
Diploma in Ki Massage Therapy (incl. City & Guilds Cert)	1095	500
Diploma in Yoga	995	500
Diploma in Holistic Dietetics	895	500
Psychotherapy Foundation Course	195	—
Dip. in Psychotherapy (1st Year)	945	500

On receipt of your deposit an interview time will be arranged. Please ask for details of our instalment plan.

Currently Enrolling - all enrolments subject to interview

IRISH ASSOCIATION OF HOLISTIC MEDICINE

66 Eccles St., Dublin 7
Tel 01-830 4211

The Yoga teacher benefits, too!

FOR LORAIN Preston, Yoga was her first introduction to holistic philosophy and she has not looked back since. Since graintained to teach yoga part time.

"When I did the Diploma Course I felt so well after that I could not wait to teach yoga part time. She has continued to teach yoga part time. "When I did the Diploma Course I felt so well after that I could not wait to get out and do a class. It was easy to get started - my mental focus from doing the course was a big advantage. Even now I teach yoga in order to sharpen my own concentration and unwind all the stresses and strains of modern living. I come out of my own class feeling really well!"

"Each class is different. People obtain the results they need from the class so one class can go in quite a different direction from the next." For details of Loraine's classes call 01-83048211.



3 Points to consider about training as a holistic therapist in September 1999.

1. Your initial investment in training can be multiplied by several times in your first year in practice. Can other courses promise the same?
2. You will be the first to benefit from the course in terms of wellbeing, relaxation and energy.
3. There is no time like the present. By acting now you can be in practice by this time next year.

Diploma Course Details 1999/2000

* **Diploma in Ki Massage Therapy** with international City & Guilds of London Institute Certificate



City & Guilds

Unique Irish form of holistic therapy. Ki means energy, and in Ki Massage you learn to be a "Ki person" and free out people's energy while helping them relax using this most powerful and effective holistic therapy. After completion the specialist **Diploma in Aromatherapy** (with City & Guilds NVQ cert) is available as an optional extra. *Earnings: £18 per half hour, £30 per hour; more for outcalls.*

* **Diploma in Yoga:** The complete holistic system as practised by film stars and celebrities. Everything you need to commence as a yoga teacher including breathing, postures, diet, relaxation, meditation, philosophy. *Earnings: £45 per person, per six-week class, up to 25 people in a class; also private tuition.*

* **Diploma in Holistic Dietetics:** Join the enormously expanding international field of nutrition with effective cutting-edge information that really works for sports, business people, family nutrition, work as a health store advisor, nutritional products consultant. *Earnings: £45 per person per hour consultation.*

* **Diploma in Psychotherapy** (Irish Association of Holistic Medicine): A professional two-year programme. Help people understand themselves and use their minds for success in living. Entry requires either an IHCA Diploma or a special short **Psychotherapy Foundation Course** (commencing Sat 11 Sept). *Work in private practice or in conjunction with business organisations. Earnings: £60 per two-hour session upwards.*

Availability: Ki Massage and Yoga may be taken by *evenings* - Wednesdays weekly from 29 September plus one seminar weekend or by *weekends* - 11 weekends from Sat. 16 October. Psychotherapy: weekends only; Dietetics: evenings only. **Evenings - dates of terms:** Wednesdays (6.30 pm - 10.30 pm) 29 Sept - 8 Dec 1999; 12 Jan - 12-Apr, 3 May - 31 May 2000 with special weekend Sat/Sur 11/12 March.

Dates of Weekends: 16/17 Oct, 30/31 Oct, 20/21 Nov, 4/5 Dec, 15/16 Jan, 5/6 Feb, 26/27 Feb, 11/12 Mar, 1/2 Apr, 15/16 Apr, 6/7 May. Times 10.45 am - 5.45 pm daily.

All courses qualify for membership of the IHCA or IAHM with practitioner insurance