

If you wish to get a golden tan the healthy way this summer, then Beta-Gold capsules may be the answer.

Healthy tan

If you have ever wished for a golden tan all year round than these capsules may be the answer. Beta-Gold is a natural food supplement extracted from plants. When used for over 2 weeks it can cause the skin to turn a light golden colour.

We have found BetaGold capsules an ideal natural aid to a healthy tan which will obtain good results for many of those who use them.

Research also indicates that they may help to protect the skin against the harmful effects of UV radiation. BetaGold also contains pro-vitamin A, a useful nutrient which your body converts to Vitamin A - but only in the amount it requires, so you can't take too much.

Beta-Gold is a 100% natural product extracted from plants. It is not to be confused with synthetic beta-carotene supplements which we do not recommend.

Large scale studies seem to prove that this pro-vitamin may actually help to protect the body against disease

Beta-Gold capsules may be used with sunbathing or sunbeds.





SPECIAL OFFER

Beta-Gold & Ultra Bronze

£23.50

## I NEVER HAD A TAN

Being a redhead and with very fair skin I avoided the sun almost all my life. I remember as a child being burnt to a crisp and peeling and itching for 3 days afterwards. This made me even warier of the sun and I avoided it where possible. This unfortunately had the affect of giving me a permanent milk-bottle white complexion which I hated. This all changed a few years ago where a friend told me about a couple of tanning products that produce more melanin (the bodies tanning product). The first one, a product called Ultra Bronze I tried on a holiday to Greece. I took them before I went out in the sun and for the first time in my life I got a nice golden tan something I thought to be impossible. Since then I learned of another product that helps develop a natural golden colour without sunlight, this too I have tried with amazing affects. People often ask me if was I away as I have a great colour. This product called Beta Gold makes it easy for me to get a colour even without the sun.

Hugh, Clontarf.



By combining Beta-Gold and Ultra

Bronze together with a little sun exposure we believe you may develop your best suntan ever. Many of our customers report that with minimum sunbathing they have achieved a deeper darker colour while avoiding over-exposure to the harmful rays of the sun.

## Tanning with UltraBronze

Melanin is the body's natural pigment which the skin uses to protect itself from excessive sunlight. A body that contains ample melanin will generally produce a much deeper tan. Tyrosine, an amino acid, has many roles in the body one of which is to become skin pigment (melanin) through the action of a special enzyme that requires the trace mineral copper.

The more of these ingredients there are in the correct amounts in the body the easier it may be to produce melanin and acquire a tan with sun exposure. Tyrosine and Copper are now available in capsule form as Unabrance.

By taking these nutrients the body's ability to produce melanin may be enhanced. This tanning supplement can be used for all skin types to help produce a deeper tan than normal. We have found that many fair skinned people who have had difficulty getting a tan were able to achieve a colour for the first time using this product.

Bitra Brottze 1 month's supply £13.49