

# HAILED AS THE WORLD'S MOST ADVANCED ANTI-OXIDANT FORMULATION

As featured on a BBC TV programme on Life Extension and Ageing

Life Extension Mix is based on the findings of thousands of scientific studies on the effects of nutrients on health and longevity. In a recent BBC TV documentary on Life Extension and Ageing some experts in the field suggested it was the most advanced product of its kind on the market today. It contains unique nutrients that are not found in any

other multi-nutrient formula. There are hundreds of multi-nutrient formulas available today but none that we know of comes close in potency, scientific design and value to the unique combination of over 40 of the most powerful vitamins, minerals, amino acids and vegetable and fruit extracts found in Life Extension Mix.

**HERBAL ANTIOXIDANTS ARE THE FASTEST GROWING SEGMENT OF THE SUPPLEMENT MARKET.** Life Extension Mix contains a potent Grapeseed extract which is reputed to be 20 - 30 times more potent than vitamin E or vitamin C as an antioxidant. It also contains Bilberry, and Milk Thistle extract.

**CONTAINS THE UNIQUE COMBINATION OF VITAMIN E AND SELENIUM ANTI-OXIDANTS -**

**CONTAINS VITAMIN B COMPLEX INCLUDING FOLIC ACID, B6 AND B12.**

**CONTAINS TWO FORMS OF ZINC -** Zinc Methionate (OptiZinc™) and Zinc Succinate.

**LIFE EXTENSION MIX INCLUDES 4 DIFFERENT FORMS OF VITAMIN C -**



**WE KNOW OF NO OTHER MULTI-NUTRIENT FORMULA THAT HAS THIS ANTI-OXIDANT VEGETABLE COMPLEX** including lycopene (tomato) extract, beta-carotene and a 22:1 broccoli concentrate which research seems to indicate may have an important role in promoting health.

**CONTAINS VITAMIN D3 -** which is being extensively studied for its anti-oxidant benefits.

**PROVIDES AN ABUNDANCE OF MAGNESIUM -** Numerous scientific studies show that magnesium deficiency may be part of the cause of cardiovascular disease in the Western world.

**LIFE EXTENSION MIX ALSO CONTAINS CALCIUM CITRATE, CHROMIUM PICOLINATE** and other essential minerals and trace elements.

**Life Extension Mix**  
6-8 weeks supply (157 tabs)  
£34.95

## Most people who have used it say: THIS IS THE MOST EFFECTIVE SPORTS SUPPLEMENT EVER!

Amazing scientific study reveals how new hi-tech product may work 160% better than Creatine

In a recent study conducted at an American university over 4 weeks, this nutritional formula increased lean muscle tissue, reduced fat and enhanced strength and speed. Test subjects were able to run faster, jump higher and lift heavier weights as well as lose fat and increase muscle tone. Results may vary with individuals but nonetheless this is an indication of the type of results which can be obtained.

### IMPROVE SPORTS PERFORMANCE

The accompanying research clearly shows an increase in

dynamic strength, speed and energy production. This could have a huge impact on the performance of all high intensity sports such as athletics, bodybuilding, football, swimming, rugby, basketball etc. Anecdotal reports from satisfied customers indicate that this supplement is the most result-producing on the market to date.

### ULTIMATE BODY FUEL

This unique hi-tech nutritional formulation is available in Ireland under the name of Tony Quinn's Ultimate Body Fuel only from our Health Stores.

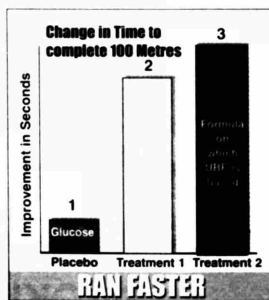
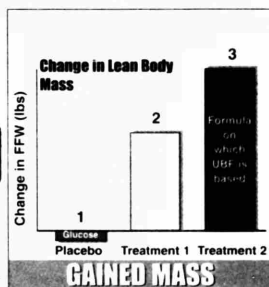
nutrition formulation gained more muscle mass than groups 1 or 2, lost more fat, could jump significantly higher and run faster. (See graphs opposite).

### University Study Results

At the end of 4 weeks, subjects in group 3 using the new



£34.95  
900g tub



Develop a healthy tan all year round with...

## Beta-Gold

If you have ever wished for a golden tan all year round then these capsules may be the answer. Beta-Gold is a natural food supplement extracted from plants. When used for over 2 weeks it can cause the skin

to turn a light golden colour. These capsules may also be used with sunbathing or sunbeds.

6 weeks' supply £12.95  
3 months' supply £23.95