

## New Formula Arth-Rite with Glucosamine and Chondroitin

# Relief from Pain of Arthritis

**T**here are two main forms of arthritis: osteoarthritis and rheumatoid arthritis. Both affect the basic material of which joints are made, cartilage and the joint lubricating fluid, synovial fluid. In osteoarthritis the cartilage stops maintaining and repairing itself leading to breakdown, resulting in pain and stiffness. Rheumatoid arthritis involves an autoimmune attack on the linings of the joints, resulting in pain, inflammation, joint disfigurement, and loss of joint function.

### Anti-Arthritic Supplements

Dr. Jason Theodosakios author of the recent US best selling book on arthritis 'The Arthritis Cure' declares 'Four decades of medical research from around the world have shown that two nutritional supplements - glucosamine and chondroitin sulphate can halt or reverse osteoarthritis.'

### Glucosamine

It provides the raw material needed to regenerate cartilage. According to Dr. Theodosakios 'Glucosamine can increase the production of collagen'. In nine European studies, glucosamine produced major reductions in joint pain, joint

tenderness and joint swelling. One double-blind study involved 30 patients with chronic arthritis who were divided into two groups. One group received 500mg of glucosamine sulphate per day for 14 days while the other group received a placebo. Total symptom scores including pain, swelling, tenderness and loss of function improved by 71% in the glucosamine group but were little changed in the placebo group. Another similar study confirmed these spectacular results. Glucosamine salts exhibit no toxicity, and are easily absorbed.

### Chondroitin Sulphate

Originally found in shark cartilage,

chondroitin sulphate has been tested extensively on humans with outstanding success. According to Dr. Theodosakios, chondroitin sulphate inhibits enzymes that degrade joint cartilage and collagen. It also helps to reduce joint pain and mobilise lipids and cholesterol deposits in blood vessels in surrounding joints.

### Essential fatty acids

The essential fatty acids GLA, EPA and DHA (gamma Linoleic Acid) are precursors of prostaglandins, such as PGE1, PGE2, and PGI2, which have known anti-inflammatory and anti-autoimmune effects. GLA is found in evening primrose oil, borage oil, and black currant seed oil and fish oils are rich in EPA and DHA. In double-blind clinical trials fish oils and seed oils have been found to produce substantial improvements greater than placebo in both osteo and rheumatoid arthritis.

## ARTH-RITE FORMULA



Arth-Rite is one of the latest hi-tech supplement to hit the shelves of the Tony Quinn Health Stores. We have excellent feedback from our customers indicating that it is one of our best products to date. Its unique formulation contains glucosamine sulphate, n-Acetyl glucosamine, chondroitin sulphate, EPA, DHA, GLA, Vitamin E, Ascorbyl Palmitate and Magnesium Aspartate.

£29.95 for 90 capsules  
Special Offer 180 caps £57.00

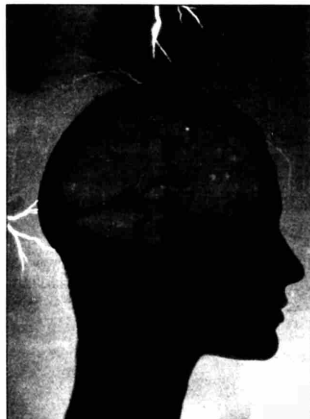
## ENHANCE YOUR BRAIN POWER?

Can you improve your memory and concentration with our new high voltage supplement?

**MIND ALERT** is our new supplement formulated using the latest research on mind-power nutrients. There are times when we all wish for more mental alertness, more mental drive and a greater feeling of wellbeing. If you feel mentally sluggish, if you would like more concentration for your favourite sport, if you want that extra drive to enable you to perform better in your business, then you should definitely consider our **MIND ALERT** product.

### BRAIN FUEL NUTRIENTS

Our brain needs particular nutrients to function at its maximum. Just like a rocket ship you would not expect it to perform at its best on an inferior fuel. Important brain research in the last 15 years has confirmed that the quantity and concentration of certain key nutrients can make a



difference to your mental alertness. One of these key nutrients is a naturally occurring substance known as DMAE. It is found abundantly in seafoods such as anchovies and sardines. DMAE has been reported to help elevate mood, improve memory and learning,

heighten intelligence, increase physical energy and in laboratory animals extend lifespan. Some users report a sounder sleep at night as well as needing less sleep while taking DMAE.

### MIND ALERT

Our new formula 'Mind Alert' combines this amazing compound with special brain formula co-factors to give an enhanced synergistic effect. Many of our customers are reporting an increase in mind alertness and energy giving them the ability to concentrate for longer and more intensely. If you are feeling stressed out and low in mental energy, give 'Mind Alert' a try. It may just be the extra fuel you need to keep your mind operating at peak efficiency.

£19.95 for 60 capsules

## Are you starving your body?

**Y**ou may think you are eating well and including your daily quota of protein foods. (Protein foods make up the solid tissues (muscles) and cells in your body). Yet your body is not as firm as you would like it to be. You lack energy, feel a little run down, don't look as well as you should. Even though you are taking vitamins you still feel something is lacking. Some of you may have concluded you are just getting older. But here is something you should just check out, regardless of what condition you are in. You may be lacking protein.

You may be eating enough protein but in the cooking some of the amino acids may be damaged. (Amino acids are what protein is made from). If these amino acids are not replaced, it's as if your body is being starved. This may well be happening to most people.

We have a product, called **Amino Energise**, that supplies the missing amino acids in their pure form. Try it and see. You may just find that it makes the vital difference.