



WEIGHT LOSS

What our customers are saying about weight loss...

Amino-Or (night-time formula)

Amino-Energise (day-time formula)



'I lost 6 inches off my waist'

Normally weigh 16 stone and at 6 feet in height I was about 3 stone overweight. Due to a change of job and differing eating patterns I soon became a further 2 stone heavier. I resolved to lose weight. Eventually after 2 years, a lot of heartache and hard time I was down to 15 stone and feeling great. On a visit to a Tony Quinn health store I was told about the Amino-Or supplement and I decided to achieve my target weight which was 13 stone. In less than a year I lost a further 2 stone much easier than my previous weight loss. Also my energy levels increased allowing me to do a day's work and still take part in lots of different activities.

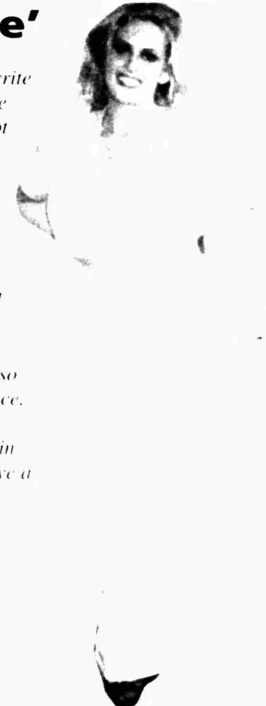
Having lost 6" from my waist I can now wear stylish clothes that fit and look good on me. Along with the weight loss has also come a new self-confidence and well-being I never had when I was overweight. The weight has stayed off with the help of sensible eating, exercise and most important Amino Or. At least 10 of my friends and family are now also enjoying the benefits of Amino-Or. I would highly recommend to anyone who has tried diets without success to visit a Tony Quinn store and go home with Amino Or to a new slimmer, healthier way of life.



'I lost 2½ stone'

I felt I just had to write and tell you of the fantastic results I got when I took Amino-Or in conjunction with Body-Sculpting classes. My results were amazing. I lost 2½ stone and I reshaped my body completely. I feel brilliant and I have so much more confidence. I want to thank everybody involved in helping me to achieve a new life.

Karen, Cork.



Amino-Or

1 Month's Supply £13.95

2 Months' Supply £26.00

3 Months' Supply £39.00

Offer valid until 1st Dec '98

I lost 3 stone

I have been on Amino-Or for the last six months, on and off and have lost 3 stone. My energy was much better.
Sandra, Co. Kilkenny.

Size 20 now size 16

I started taking Amino-Or a month ago I was size 20 and now I am size 16. I feel brilliant and my shape is getting better every day. Everyone is telling me how well I look. I lost 1 stone in the month.
Joan, Cork.

Amino Or has worked for me

I was 16 stone 12 lbs when I started Amino Or. Now almost 7 months later I am 14 stone 4 lbs. Amino Or has worked for me where any other diet or product failed. I wouldn't go any further than Amino Or.
J McC., Bandon.

The easiest way of losing weight

I have been on Amino Or for the last two months and I have lost two stone. I have firmed and toned up, down two sizes. It has

been the easiest way of losing weight and I am more confident in myself.
Eileen, Cork.

I have lost 4 stone

I started taking Amino Or 3 months ago. I am very happy with myself. I have lost 4 stone. Every diet I tried I failed. I now just eat sensible. I am going to continue with this. I firmed and toned my body completely.
Mary S., Cork.

I lost 2 stone

I have been on Amino Or for almost 1 month and lost 2 stone! No joke. Feeling great. Had to lose weight for operation. Anyone can do it if I can.
H.H., Longford.

From size 16 to 12 in 2 months.

I have been taking Amino Or for two months as of Dec. 97. I am (now) wearing a size 12. Two months ago I was a size 16.
Sarah, Co. Tipperary.

An answer to a prayer

I have been taking Amino Or for about 4 months and in that time I have gone from size 18 down to size 12 and no flabby bits. After trying several other products to no avail, I found these are an answer to a prayer.
C.A. Roscommon.

I find them wonderful

I bought Amino-Or on the 2nd week of January and took it according to instructions with no skipping. Brilliant. 1 stone gone in 3 weeks.
V.L., Kilkenny.

Absolutely delighted with myself

When I started taking Amino Or and Protein 90 there was no change for one month then a

complete change. The weight dropped off everywhere. I went from size 16 to 12. I am completely firm and toned with it. Sleeping brilliant and loads of energy. I am absolutely delighted with myself. I have bought a whole new wardrobe.
M. Barry, Cork.

Lost 1 stone in 1 month

I've been taking Amino Or for 1 month and have lost 1 stone in weight. I also found my energy level increased.
Bridget, Co. Tipperary.

Amino Or are great.

I lost 1 stone in a month and also found an increase in energy. I didn't find a need to diet or do strenuous exercise.
E. Keogh, Co. Dublin.

Amino-Or is a natural food supplement taken in capsule form. It is an amino acid, one of the building blocks of protein. It has been available in Ireland through our Health Stores for 15 years.

All Weight Loss letters are genuine. The originals are held in our files and can be inspected where necessary. Customers are not paid for providing these testimonials. Please note that these letters may not reflect typical results. As results may vary we can make no guarantee claims for this product.