ENHANCE YOUR BRAIN POWER?

Can you improve your memory and concentration with our new high voltage supplement?

MIND ALERT is our new supplement learning, heighten intelligence, increase physical formulated using the latest research on mindpower nutrients. There are times when we all wish for more mental alertness, more mental drive and a greater feeling of wellbeing. If you feel mentally sluggish, if you would like more concentration for your favourite sport, if you want that extra drive to enable you to perform better in your business, then you should definitely consider our MIND ALERT product.

energy and in laboratory animals extend lifespan. Some users report a sounder sleep at night as

well as needing less sleep while taking DMAE.

Another key nutrient is the herb St. John's Wort. Hypericin is the main active ingredient in this herb. Dozens of controlled, double-blind studies published world-wide support the effectiveness of St. John's Wort in enhancing feelings of well-



£19.95

for 60 capsules



BRAIN FUEL NUTRIENTS

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Our brain needs particular nutrients to function at its maximum. Just like a rocket ship you would not expect it to perform at its best on an inferior fuel. Important brain research in the last 15 years has confirmed that the quantity and concentration of certain key nutrients can make a difference to your mental alertness. One of these key nutrients is a naturally occurring substance known as DMAE. It is found abundantly in seafoods such as anchovies and sardines. DMAE has been reported to help elevate mood, improve memory and

MIND ALERT

Our new formula 'Mind Alert' combines these amazing compounds with special brain formula co-factors to give an enhanced synergistic effect. Many of our customers are reporting an increase in mind alertness and energy giving them the ability to concentrate for longer and more intensely. If you are feeling stressed out and low in mental energy, give 'Mind Alert' a try. It may just be the extra fuel you need to keep your mind operating at peak efficiency.

HAILED AS THE WORLD'S MOST ADVANCED ANTI-OXIDANT FORMULATION

As featured on a BBC TV programme on Life Extension and Ageing

Life Extension Mix is based on the findings of thousands of scientific studies on the effects of nutrients on health and longevity. In a recent BBC TV documentary on Life Extension and Ageing some experts in the field suggested it was the most advanced product of its kind on the market today. It contains unique nutrients that are not found in any

other multi-nutrient formula. There are hundreds of multi-nutrient formulas available today but none that we know of comes close in potency, scientific design and value to the unique combination of over 40 of the most powerful vitamins, minerals, amino acids and vegetable and fruit extracts found in Life Extension Mix.

HERBAL ANTIOXIDANTS ARE THE FASTEST GROWING SEGMENT OF THE SUPPLEMENT MARKET. Life Extension Mix contains a potent Grapeseed extract which is reputed to be 20 - 30 times more potent than vitamin E or vitamin C as an antioxidant. It also contains Bilberry, and Milk Thistle extract.

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WE KNOW OF NO OTHER MULTI-NUTRIENT FORMULA THAT HAS THIS ANTI-OXIDANT VEGETABLE COMPLEX including lycopene (tomato) extract, beta-carotene and a 22:1 broccoli concentrate which research seems to indicate may have an important role in promoting health.

CONTAINS THE UNIQUE COMBINATION OF VITAMIN E AND SELENIUM ANTI-OXIDANTS.

CONTAINS VITAMIN D3 - which is being extensively studied for its anti-oxidant benefits.

CONTAINS VITAMIN B COMPLEX INCLUDING FOLIC ACID, B6 AND B12.

PROVIDES AN ABUNDANCE OF MAGNESIUM. Numerous scientific studies show that magnesium deficiency may be part of the cause of cardiovascular disease in the Western world.

CONTAINS TWO FORMS OF ZINC -Zinc Methionate (OptiZincTM) and Zinc Succinate.

> Life Extension Mix 6-8 week's supply (157 tabs) £34.95

LIFE EXTENSION MIX INCLUDES 4 DIFFERENT FORMS OF VITAMIN C

LIFE EXTENSION MIX ALSO CONTAINS CALCIUM CITRATE, CHROMIUM PICOLINATE and other essential minerals and trace elements.