

Results from users of the Educo Formula

Life Changing Information
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Tony Quinn

Your Postal
Request Team:



Aideen Cowman

We will work on your requests/goals with you

THE POWER OF YOUR MIND

The Postal Requests system is based on the Educo Formula "if you want something believe you have it without any inner doubt and it will come about".

If you can wrap your mind one-directionally around what you want and relax all opposing thoughts, this action generates a response from your mind which favours obtaining the desired goal/request.

The word Educo means to educate or draw out - the understanding being that you draw out success, health, healing and the life that you want from your mind. Educo teaches people to bring their full mental potential to bear on what they want.

Research done over a 30 year period on how our minds work, published by Dr. Herbert Benson from Harvard Medical School seems to show that the mind that believes with no opposing thoughts can get life-changing results. Dr. Benson's formula is 'let go and believe'. He advises that you relax completely, push aside all other thoughts and just believe in your goal. It also appears that highly successful people have a similar mental attitude.

According to Dr Larry Dossey in his book 'Healing Words: The Power of Prayer and the Practice of Medicine' this mind over matter approach also appears to be the basis of successful prayer. From his review of research Dr Dossey argues that the following steps are important in making prayer more effective: (i) A belief in a positive outcome (ii) relaxation (iii) being able to focus on a strong visual image of the end result and (iv) a strong desire for that result combined with an absence of effort.

Of course, it might be asked, if it is that simple why can't everyone get the results they want on their own? Essentially they can but because of lack of experience they may have difficulty focusing their mind one directionally on an image of the desired outcome. In addition where people are emotionally involved in the situation then worry, stress and anxiety interfere with their ability to relax and make no effort.

In these situations the person may prefer to have us work with them also. We provide them with information on how to relax and believe in a positive outcome. We can also contribute by focusing one-directionally on their requests and because we are not emotionally involved in the situation our work is not hindered by opposing negative thoughts or emotions.

In our experience the Educo system can be used to obtain results in every aspect of a person's life, from health and healing to success and self and life improvement. It is equally effective in obtaining results for others, who need not be aware that they are being worked for.

1. Benson Herbert MD: *Timeless Healing.*
2. Branson Richard: *Virgin King.*
3. Dossey Larry MD: *Healing Words; The Power of Prayer and the Practice of Medicine.*

Video Documentary on Postal Request System

Some of the people, who through this approach have achieved a richer life and/or overcome illness, have kindly consented to tell their story on video in the hope that it will help and encourage those who find themselves in similar situations. They truly make inspiring viewing. For times of showings call any of our centres (listed on page 13).

Results with my family

For years now I have been using the Educo Postal Requests system for my family and myself. Keeping my mind clear I visualise the outcome I want and I also ask the team to help me. This gives me the reassurance I need. A recent example of how I use the system was to do with my sister who was in hospital in Belfast with a clot on her heart valve. An operation was expected. I visualised her with perfect health and also asked for help with my request. Before the operation the clot dissolved and no operation was necessary. I also made a request for my house to be sold and within two weeks it was. I have had many other requests and recommend this formula to everyone.

Patricia Fitzpatrick, Monaghan.



The support I needed

I am writing to tell you of all the success I have had over the last few years using the Educo system. Before I found out about Educo I had been to my doctor who told me I was healthy but burnt out and needed rest. I felt so awful I thought there had to be something wrong with me. I attended an ear specialist for ringing in my ears and again I was told there was nothing wrong but I still didn't feel well. One Sunday afternoon when I was as down as I could be I found an old copy of the Blueprint for Living and started reading it. I began to feel hopeful that I could get the support I needed and the next day I rang the centre to put my son on the Educo Postal Requests. I was invited to come along to a free video and a relaxation session. I went home feeling so much better with no ringing in my ears. My son started to sleep most of the night and gradually things started to right themselves. Since then I have been using the system regularly. My successes so far include having debts cleared which at one time I thought was impossible, passing my driving test and putting in motion my lifetime dream of owning my own bed and breakfast. These are only some of my results. Many thanks

Mary Kelly, Dublin.

How to Use Educo Postal Requests

Our objective is to demonstrate the potential of the Educo system and to help you learn how to use this approach yourself. Educo Postal Requests enables us to work together, using the system with a specific goal/outcome in mind. This can be anything from health/healing to business, success and self/life improvement, as the variety of letters on this page demonstrate. It can equally be on behalf of another, who need not be aware of your request.



This is the procedure:

We invite you to write down your requests/goals and send them to us with a recent photograph where possible. (You may use the form on the opposite page.) We will then send you an explanatory brochure containing more information and instructions on how to focus on your requests/goals to achieve the best possible results. We will also work on your requests with you, holding a positive mental attitude and focussing one-directionally on your desired

outcome. We do this daily, for a month.

We ask you to write a report of progress once a week and to send or phone it to us. This is a very important part of the process. Our telephone helpline is open six days a week to answer your questions and assist you in making the most effective use of the system. There are also regular talks on the Educo system at our Educo Centre in Eccles Street, Dublin (details on request).

Note: Under no circumstances are we suggesting or implying that this approach should take the place of medical advice or, where necessary, medical treatment. However, we do believe that it is a valuable addition to any form of therapy.