



Would you like a possible £200 extra per week working part-time and a new career that gives you more out of life?

Careers in Holistic Medicine

Have you ever dreamt of a part-time career with full-time potential that is easy to start, with high earnings, low costs and where your work is really appreciated by people?

Therapists in the fast-expanding holistic medicine field find immense personal fulfilment, along with possible weekly earnings of £200 or more which they find easy to achieve in just a few evenings per week. The potential indeed is much greater. With the proper training and qualifications, getting started is easy. The Diploma Courses of the Irish Health Culture Association and the Irish Association of Holistic Medicine have proven their career-opportunity value over many years and represent a well-established entry path to holistic medicine. Just imagine yourself in part-time practice - when your ordinary day's work is done you put on your clinic coat or instructor's outfit and become a professional practitioner whom people look to for health, fitness and relaxation. You can be sure too that there is great satisfaction in seeing how well your clients look after taking your therapy, and hearing from them, as you will, how wonderful your treatment is and how it makes the vital difference in their lives. The best bonus of all may be that as a

holistic practitioner your work does not tire you out but just the opposite - it gives you the benefit of the relaxing and re-energising therapies you offer. There is no burn-out! Take an Irish Health Culture Association qualification and you may work freely at home or if you wish you can travel the world, as holistic medicine is a world-wide industry. It is a career based on relaxation - and everyone benefits. The time is ripe - you could be in practice by June 1998. The sooner you obtain your qualification, the sooner you can step into the wonderful job of helping people (and yourself) get more out of life. Ki Massage Therapy, Holistic Dietetics and Yoga are the three main avenues of entry into the holistic field. Each of these one-year Diploma courses may be taken by evenings or weekends between October and June. Each has its own type of potential for starting in part-time practice. The Irish Association of Holistic Medicine also offers several advanced therapy courses including Psychotherapy which is a wonderful career expansion option for holistic therapists.

Ki Massage Therapy Diploma



Is Ireland's greatest success story in Holistic Medicine, providing opportunities for private practice from home or in conjunction with holistic centres, hotels, leisure centres, sports centres, golf clubs, yachting and airlines in Ireland or worldwide. The word *Ki* means energy and in Ki Massage you learn first just to be yourself as you carry out the treatment. Then you work directly with people to free out their energy while helping them to relax physically and mentally. The Irish Health Culture Association's Ki Massage Diploma is accompanied by an International Certificate from City & Guilds of London Institute. *Earnings: £15 per half hour, £25 per hour; more for outcalls.*

Holistic Dietetics Diploma

Allows you to join the enormously expanding international field of nutrition with the latest, most up-to-date and most effective information available. Work as a consultant from home or calling out to people who require individual and personalised nutritional advice. Also with sportspeople for optimum performance, business people who need accurate current information on staying healthy, looking after women's special nutritional needs and family nutrition. There is a demand also for nutrition classes in most localities. *Earnings: £15 per half hour, £25 per hour; more for outcalls.*

Yoga Diploma

Yoga classes can easily be set up in practically any area and there is also considerable scope for individual private tuition. It remains ever in high demand as the complete holistic system which brings benefits not only in terms of health but also beauty and good looks. This may explain its attraction for TV, stage and film stars and others in public view who need to look and feel their best all the time. As a yoga instructor you will teach correct breathing, yoga postures to influence the circulation and glandular systems, and yoga diet which is the foundation of healthy living. You will also be

qualified to teach relaxation, meditation and the philosophy of yoga - the life-changing aspects of yoga. *Earnings: £45 per 8-week class, up to 25 people in a class.*

Psychotherapy

Is an exciting and rewarding area where you lead people to an understanding of how to use their minds to attain more self-expression, freedom and success in life. The Irish Association of Holistic Medicine psycho-therapy diploma takes two years to complete and requires that the student have completed either Ki Massage, Holistic Dietetics, Yoga or a special Foundation Course (details from Courses office) *Earnings: £60 upwards per two-hour session*



FINAL ENROLMENTS THIS WEEK for our Summer Concentrated Study Programme

Ki Massage Therapy Course Begins June 14
With our new Concentrated Study Programme, you can by Nov. '97 be practising as a Ki Massage Therapist. The programme runs from June to Sept. and includes two weeks fulltime from June 28.

Psychotherapy Foundation Course Begins June 14

Psychotherapy - an exciting and rewarding area where you help people use their minds for self-expression, freedom and success in life. Individuals satisfactorily completing this Foundation Course will be qualified (along with IHCA graduates) to enter the Irish Association of Holistic Medicine two-year Diplomas in Psychotherapy in October 1997. The Course is taken over four Saturdays and one weekend. *Course Fee: £195.00.*

Benefits of Holistic Therapy as a Career

1. Easy to set up. Most people have heard of the different holistic therapies.
2. Part-time initially with excellent full-time potential.
3. Professional status and high hourly earnings.
4. Benefits people and gives great job satisfaction.
5. Private practice or with an existing centre.
6. Immediately visible and long lasting results.
7. Low overheads.
8. Earn the gratitude and goodwill of patients / students / clients.

Points to consider about training as a holistic therapist in October 1997

1. Your initial investment in training can be multiplied by several times in your first year in practice.
2. Holistic therapy offers you a career based on relaxation - it could be the perfect outlet for you.
3. If you are considering another course ask yourself - can it offer as much as a holistic diploma from the IHCA/IAHM?
4. The main purpose of holistic medicine is to show people how to have more energy! When you come for training, we start with you! You will be the first to benefit.
5. There is no time like the present. By acting now you can be in practice by this time next year.

STARTING DATES OF DIPLOMA COURSES

Evening Courses: Thur. 2nd October 1997
Weekend Courses: Sat. 11th October 1997

Final Dates for Enrolment:
Mon. 22nd September (Evenings)
Fri. 26th September (Weekends)

NB: See note below on Concentrated Summer courses!

DIPLOMA COURSE FEES

	Full Payment	Deposit
Ki Massage Diploma with City and Guilds Certificate	£1045	£500
Yoga Instructor Diploma	£945	£450
Holistic Dietetics Diploma	£845	£400

Payment by instalment: This entails a £50 premium over the basic fee and arrangements will be made at interview.

ENQUIRY & ENROLMENT FORM

Name (Mr / Mrs / Miss)
Address
Telephone:
Date of Birth

- Please send me a copy of your illustrated prospectus.
 I wish to enrol on the following courses:-

- Diploma in Holistic Dietetics
Diploma in Yoga
Diploma in Ki Massage Therapy
EVENING WEEKEND

Please complete and return to:

Irish Association of Holistic Medicine
9/11 Grafton St., Dublin 2.
Tel. 01-671 2788 / 671 2917

On receipt of your enrolment form you will be contacted by telephone to arrange a suitable date and time for interview. Subject to acceptance, the fees deposit is payable at interview.