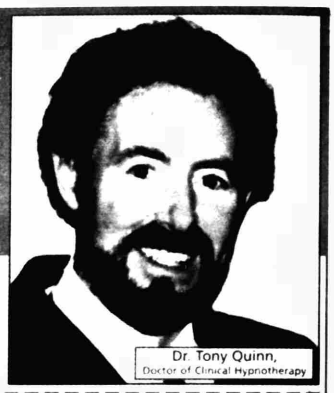
For those who want results
3 Life-changing Audio Tapes
on Ireland's most Result Producing Success System


Dr. Tony Quinn,
Doctor of Clinical Hypnotherapy

Double audio tape set

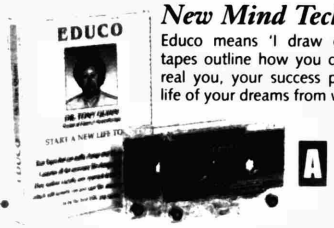
A Start a new Life today !

Two tapes that can change your life for the better. These Educo tapes cover:

- The Secret of Success
- Communication
- Friendship
- Business
- Popularity
- Confidence
- Relationship
- Reality
- Happiness
- Using more of your Mind instantly
- Intelligence
- You as an Unlimited Source from which can be mined a New Life
- Love

EDUCO the New Mind Technology — £15.00

Educo means 'I draw out'. These two tapes outline how you can draw out the real you, your success potential and the life of your dreams from within your mind.



Single audio tape

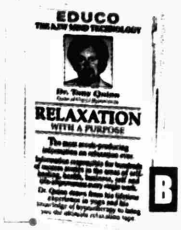
B Relaxation with a Purpose

The material on this tape is responsible for hundreds of results every single week in the areas of:

- Business
- Self- & Life-Improvement
- Self-Healing
- Health

From Stress to Success — £7.50

Combines Mental Relaxation with your Goals. Most people are caught up in some sort of stress, tension, worries, fears, problems, phobias, complexes etc. What this tape does is to help you to relax to a deep level not only physically but mentally. This can enable you to dissolve mental obstructions that may be blocking your self-expression, success potential and even your self-healing ability.



EXPRESS MAIL ORDER

Name (Mr/Mrs/Ms) .....

Address .....

..... Telephone (home) ..... (work) .....

Please send me ..... set(s) of Start a New Life Today, – Tape ☐ at £15.00 each

Please send me ..... set(s) of Relaxation with a Purpose, – Tape ☐ at £7.50 each

I enclose a Cheque ☐ or Postal Order ☐ for £..... which has been crossed and made payable to '*Tony Quinn Centre*', add £1 for Packaging and Postage.

☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐

or charge my Credit Card Visa ☐ or Access ☐ – Credit Card Expiry Date ..... / .....

Telephone Credit Card bookings can be made by calling (01) 830 8402

Signed ..... Date .....

Post to: Mail Order Department
67, Eccles St., Dublin 7

Hailed as the world's most advanced antioxidant formulation

As seen on BBC TV documentary on Life Extension and Aging

A growing number of scientific research studies are showing that a powerful group of nutrients known as antioxidants appear to slow the aging process, while offering protection against many age related degenerative illnesses. These include heart disease, cancer, brain and immune system damage, arthritis even wrinkles.

Antioxidants have a protective effect on health because they reduce the number of free radicals in the body. As their name suggests, free radicals act like destructive terrorists in the body attacking healthy cells, making them more vulnerable to disease and causing them to age faster. They also work against the immune system and play a role in age related illnesses. Three of the most significant sources of free radicals are the fat in our diets (particularly vegetable oils) the action of sunlight on our skin, and radiation.

Have you ever seen a plastic bottle that has become dried up and brittle from lying out in the sun. The same thing happens over time to the collagen in our bodies as a result of free radicals.

• *Free radicals attack healthy cells making us more vulnerable to illness and aging*

Free radical scavengers

Antioxidants protect against this type of damage by acting as free radical scavengers. They change free radicals into harmless substances and in this way may offer protection to all of our tissues.

While antioxidants are abundant in fruit, vegetables and other foods they occur in levels too low to make a real difference.

Designer products

Nutritional Science has made revolutionary progress in recent years and now we are seeing high-tech specially designed products to meet specific needs. Now for the first time we are introducing such products into Ireland.

Life Extension Mix has been formulated to provide the most powerful combination of known antioxidants.

In a recent BBC T.V. documentary programme on life extension and aging some experts in the field suggested it was the most advanced product of its kind on the market today. It has the added benefit of combining a number of powerful antioxidants together so that they work in synergy and enhance each other's effect.

"One of my secrets of Life-Long Fitness is to take antioxidants. I believe that Life Extension mix is the best form of antioxidant available."

Bob Delmonteque ND
Life Extension Specialist

Life Extension Mix
£33.50

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