

BLUEPRINT

For Successful Living

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SAVING THE PLANET FOR OUR CHILDREN

an interview with ecologist
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Tony Quinn meets...
of America's Finest...



Healthy Tan

Get ready for summer with
Beta-Gold



If you wish to get a golden tan this summer, then Beta-Gold may be the answer.

Beta-Gold is a natural food supplement extracted from plants containing mixed carotenoids. When used over 2 weeks it can cause the skin to turn a light golden colour. Research shows that it may help to protect the skin against the harmful effects of UV radiation.

Healthy glow

Did you ever notice how really fresh raw fruits and vegetables seem to glow with colour? Part of the reason for their vibrancy is that they contain generous quantities of carotenoids. Research shows that these wonderful health-giving substances help protect the body against disease because they act as antioxidants reducing free radical activity in the body. Free radicals attack healthy cells in the body causing them to age faster. They also damage the immune system making us more vulnerable to disease. BetaGold may help protect your health by disposing of free radicals.

Health benefits

Supplements which contain a mixture of natural carotenoids have potentially more beneficial effects on health than single carotenoid supplements. Our new improved Beta-Gold formula contains; beta-carotene, alpha-carotene, lycopene, lutein, cryptoxanthin and zeaxanthin. When taken together these natural carotenoids work in synergy to help protect the immune system from free-radical damage and improve detoxification in the body. Beta-Gold is a totally natural product extracted from plants, not to be confused with synthetic beta-carotene supplements which we do not recommend. Beta-Gold may also be used with sunbeds.

**NEW BETAGOLD SPECIAL PRICE
OFFER**

6 weeks' supply £12.95 - 3 months' supply £23.99 - Save £2.99

FREE INFO
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