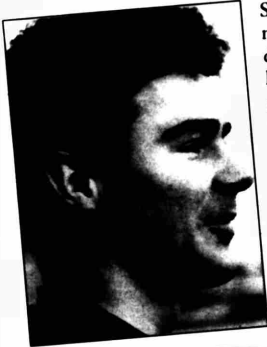


Clear skin & great energy?

Among the important nutrients found in our Special Liver Formula are nucleic acids, which are renowned for enhancing energy levels as well as improving skin tone and hair condition, producing an

overall youthful effect. This convenient supplement is a popular choice for men and women who need to look and feel their best - particularly athletes and sportspeople seeking more energy and endurance.

'My skin dramatically improved'



Seven years ago I developed acne on both my face and back. This made me depressed, and seemed to affect my whole life in a completely negative way. I visited your store in Rathmines, where I was told to include in my diet the food supplement SPECIAL LIVER FORMULA and BREWER'S YEAST POWDER. Calcium and Magnesium tablets were added to the list. My skin began improving after the second week, and then after the fourth week my skin had dramatically improved. It is now completely clear and there is a healthy glow to my face. I feel really healthy and full of energy. I believe the change in diet and especially the Special Liver Formula helped improve my health and well-being.



Dave McGlynn

Special Liver Formula
1 Month's Supply £13.95

Our Special Liver Formula is free from any additives or excipients and originates in the USA and Scandinavia.

Are you starving your body?

You may think you are eating well enough and including your daily quota of protein foods. Protein foods make up the solid tissues (muscles) and cells in your body.

Yet your body is not as firm as you would like it to be. You lack energy, feel a little run down, don't look as well as you should. Even though you are taking vitamins you still feel something is lacking. Some of you may have concluded you are just getting older.

But here is something you should just check out anyway, regardless of what condition you are in. You may be lacking protein.

You may be eating enough protein alright but in the cooking some of the amino acids may be damaged. (Amino acids are what protein is made from). If these amino acids are not replaced, it's as if your body is being starved. This may well be happening to most people. We have a product, called Amino Energise, that supplies the missing amino acids in their pure form called Amino Energise. Try it and see. You may just find that it makes the vital difference.

Eliminate body and foot odour!

UNLIKE NORMAL DEODORANTS THAT ONLY MASK OR CAMOUFLAGE ODOURS FOR A FEW HOURS THIS NEW MEDICALLY TESTED CREAM CAN ELIMINATE BODY OR FOOT PROBLEMS FOR UP TO 15 DAYS - WITH JUST ONE APPLICATION.



And there are many more unique advantages to this remarkable product. For example it does not inhibit the normal function of the sweat glands. No need to re-apply after showering or bathing. Heavy work including exercising doesn't seem to prevent it from working. Tests prove one application can last 15 days, (though we have found in many cases much longer). One jar can last 6 to 12 months. This new long-life deodorant would certainly seem to make all others obsolete. Called LAVILIN it is made from herbal extracts and is simple and quick to apply. Available in two strengths, one for body and a more potent one for feet.

Lavilin Body Deodorant £7.30 - Lavilin Foot Deodorant £9.95

Tan safely without the sun

Now you can have all the benefits of a stunning golden tan while avoiding the risks of excessive UV radiation. Our new SUNLESS TANNING MIST is a whole new breakthrough in 'Sunless Tanning'. Its long-lasting formula works fast and produces a fabulous golden tan overnight. Unlike conventional false tans that

leave streaks or blotches our new tanning spray produces an authentic and even tan. It is ideal for use all year round and to produce a healthy golden glow for that special party or occasion. Suitable for men and women it is oil- and scent-free. Simple to apply, it dries fast to produce a quality tan whenever and wherever you want it.



SUNLESS TANNING MIST - 1 bottle £10.50

FREE RADICALS AND AGEING

Free radicals are produced in the body from the fats that we eat, excessive sunlight, radiation (from computers, sunbeds, photocopiers) and air pollution (e.g. cigarette smoke, car exhaust fumes and ozone).

Free radicals are molecules that can damage your cells. They hasten ageing and contribute to causing heart disease, cancer, lung



Free Radicals attack healthy cells making us more vulnerable to illness and ageing

disease, cataracts and a variety of other illnesses. They impair the function of your immune system. When you reduce free radical formation you may age more slowly and decrease your chances of many illnesses. Antioxidants (as found in Tony Quinn's Life Extension Mix) are

the magic bullet that can kill off free radicals in the body. For further information see back page.