

WEEKENDING

TIME TO RELAX • TIME TO UNWIND • TIME TO YOURSELF

A spell with Paul McKenna

The TV hypnotist and paranormal showman believes the human brain is now the dominant force on earth

CATCH UP with hypnotist Paul McKenna as he finishes an afternoon's filming for a new television show, *The Paranormal World Of Paul McKenna*.

Part of the showman's new act is to cure phobias before our eyes and today's subject is snooker ace Denis Taylor who suffers from claustrophobia. Well, not any more.

"We took him to a tunnel that runs beneath a stately home and he couldn't go down it earlier today," outlines the superstar hypnotist.

"But we zapped him and he went down it from one end to the other."

Other squeamish celebs in line for a brush with the McKenna magic are comedian Bobby Davro who'll defeat a lifelong fear of spiders by calming holding a tarantula and disc jockey Ross King who'll walk a tightrope at a Blackpool circus to overcome a fear of heights.

But what does the mind doctor say to those who have a fear of stage hypnotists?

How well-founded is the paranoia of those who feel there's something sinister about an entertainment that closely resembles brainwashing? "They're right to

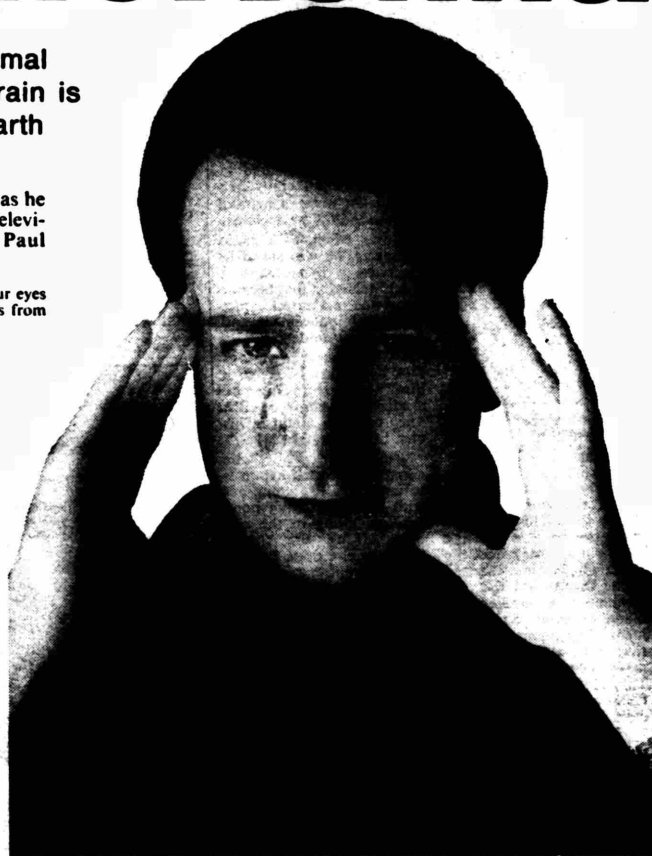


Eamon Carr

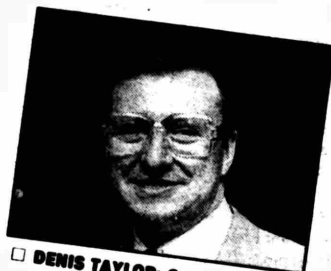
think that brainwashing is sinister," says Paul cheerily.

"But brainwashing isn't hypnosis. Brainwashing involves drugs, torture, sleep deprivation and all those kind of things. Heavy conditioning. It's the kind of things that cults use, and real masters of trickery and manipulation, like evangelists and the Adolf Hitlers

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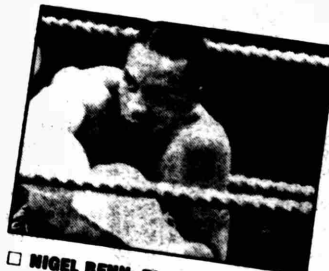
□ **McKENNA: "We are entering the age of psychological technology"**



□ **DENIS TAYLOR: Conquered claustrophobia**



□ **PAULA YATES: Helped by McKenna**



□ **NIGEL BENN: Ringside help**

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