



SEMINAR



Two day seminar in the National Concert Hall

All my results are based on one very simple understanding: if you learn to put all of your energies into the thoughts of what you want and eliminate opposing thoughts, you can succeed in almost any area that you wish.

For example, at present in conjunction with a University and under the supervision of Dr. Jack Gibson FRCSI, I am researching the use of this approach in a series of surgical operations (page 10). The first one was a fifty minute gynaecological operation. This involved teaching the patient to fill her mind with thoughts of feeling wonderfully happy and well, while relaxing thoughts of discomfort and pain. The results were that no anaesthetic was necessary and the patient was happy - even euphoric - throughout. There was no pain during or after the operation and minimal bleeding. The patient made a complete and speedy recovery. (All of these operations are videoed as part of the research project).

The same mental approach was used to double the profits of a business, where I wrapped the manager's mind around the desired end product i.e.

- more customers being drawn to the business.
- they in turn loving the product and recommending it to others.
- the owner filled with the certainty of success, enthusiasm, confidence, loving and enjoying the work.

This certainty of success has a knock-on effect on the staff and customers alike - it's very contagious. (Recorded on video)

EDUCO

Hundreds of people from all over Ireland write to me each week to tell of their successful results using this approach, ranging from business, success personal development to health and life-improvement. This whole concept I have named Educo. The word Educo comes from the Latin and means to educate, to draw out from within - the understanding being that you can draw the person, the life, results, success and even the world that you want from within.

This is done by structuring a positive stream of thought/images regarding the desired outcome without any interfering opposing thoughts. I believe the potential of this approach to be life-changing, because with it you have the actual means of drawing out your potential. The scope of this concept has yet to be fully explored. For example, I've had outstanding results with requests, where the person concerned and myself apply our minds for a successful outcome. Often the requests are for another who knows nothing of it, yet it can still work. This again involves holding thoughts/images of the desired outcome without any opposing thoughts/images. In my experience anybody can learn to do this with excellent results. Personally I believe that this may be the basis of successful prayer.

SUCCESS vs. FAILURE

Have you ever considered the difference between a successful and unsuccessful person? They may indeed have equal ability - similar intelligence, have great potential, yet the vital difference is how they structure their thoughts. We can have two people sitting side by side. One has structured their thoughts in such a way that failure is guaranteed. They think 'everything I do always fails', 'I'm no good at anything' or the person may have a great idea but equally have so many opposing ideas that they cancel out each other. They can't make up their minds enough in one direction to even get started, while the other person is virtually guaranteed to succeed - all their ideas are stacked in the direction of success. They either don't see or in some way have eliminated all opposing failure ideas. Consequently they seem to have unlimited drive,

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(Dr. of Clinical Hypnotherapy)



enthusiasm and determination. Luck, circumstances and people seem to favour them. They seem to readily be able to harness their own potential and that of others. This concept I believe applies all across the board, whether it be confidence, business, selling, relationships, health etc. Thoughts are like computer programmes that we run in our heads. Certain thoughts empower us -

others discourage, even stop us. If you are willing to learn how to instal a sequence of positive thoughts of what you want and also learn how to eliminate opposing thoughts, then you will dramatically have increased your potential for success. Most likely you have all the potential that you will ever need, but may need to learn how, by controlling your thoughts, you can draw out it. You will discover new

and exciting possibilities within yourself by learning how to feed in a stream of positive thoughts. In this way you can literally influence yourself to new heights of achievement, then you can use the same approach to influence others and life to give you what you want.

ORIGINAL RESEARCH

For most of my life I have been interested in how we can use our minds to get more out of ourselves and life. For the past number of years I have been involved in original research in this area. This necessitated obtaining qualifications in both America and England.

One of these qualifications is in Behavioural Modelling. This involves discovering what is it in a person's behaviour that allows them to excel in a particular area, then taking out that pattern so that it can then be replicated by others. I have used behavioural modelling in many areas which I thought held promise, one of which was hypnosis. When you take away the mystique that surrounds hypnosis, you find that it is simply a way of relaxing or putting asleep opposing thoughts while allowing the full potential of the person's mind to dwell upon the required suggestions. If you have ever seen a hypnosis show, you have to agree that the changes in the person's capacity to carry out suggestions in a one-directional manner, in their personality-even in their identity-are pretty startling. This caused me to wonder how these capacities of mind could be harnessed for use in daily life. So using the behavioural modelling I have been able to take out the essence of hypnosis and incorporate it in my approach. For example, most successful people are actually using a process of self-hypnosis. They are very one-directional in their beliefs that they will succeed, in many cases amounting to certainty. They won't allow any opposing or negative thoughts to interfere, their mind being wrapped around what they want to achieve.

So you meet very few truly successful people who don't have great self-belief. How you instil such belief into

your mind is an integral part of my Educo System. Yoga was another area where I found much information about mind over matter. In yoga it was found that when you relaxed people to a deep enough level, they became euphoric and pain-free. Equally their mind could wrap itself one-directionally around suggestions.

MENTAL PROGRAMMING

Other areas that I studied were: Neuro Linguistic Programming, that is, how the mind is programmed for success or failure; Psychotherapy, (mind therapy), which deals with how the thoughts you fill your mind with can make you sick or well, pointing out the danger of allowing just any thoughts into your head, many of which can be mental toxins. Look how careful you are about the programmes going into a computer. Yet with the most sensitive computer in their world most people allow in the worst kind of negative programmes. (Computer programmers have a saying: 'garbage in - garbage out').

I believe that the most powerful people of the future will be those with the most powerful thoughts. You can be one of those people if you are willing to learn this new mind technology, which teaches how your mind works, and how to run it to your best advantage. This involves taking control of your thoughts which in turn leads to control of your life and your world. If you want to be on the cutting edge in the new frontiers of Personal Development, then come to my two day Seminar, 'Unlimited Living.'

Remember that most people never realise their possibilities because they can't make up their minds or can't get enough positive thoughts going in one direction to draw out their awesome potential from within. How many people would have succeeded if they had just taken that one extra mental step - the step that would have tipped the scales of success in their favour? This opportunity I believe to be one of those steps for you.

Tony Quinn
(Dr. of Clinical Hypnotherapy)