

Success principle applied to business

Here we outline in interview what two very successful business people have to say about the Tony Quinn healing system and its application in business to great reward.

The turning point in my business... now the work comes to me.

I started going to Tony Quinn Centre some four years ago to help myself with stress and to learn how to relax. I was under a lot of pressure in my sales job and a friend recommended that I try out the therapy. After a couple of months I had managed to give up smoking after some 11 years, and while at one of the relaxation classes I finally thought of a business. I was really interested in you see, ever since I had left school I had always wanted to work for myself but never found an idea that I was interested enough in until I thought of starting a small car rental company. This was in February 1990 and by August 1990 I was up and running with 8 cars to start with. I used a lot of Tony's principles in helping myself through the problems and still do to this day. Things have changed a lot for me over the last 3 years. I now have 6 staff and operate a fleet of approximately 100 cars in Dublin alone, with connections around the country and cars in Shannon as well. 90% of my cars are brand new and I think I am still the most reasonably priced company in Dublin. My motto is

"Lowest Prices in Town" and my staff and myself combine this with a brilliant service. I use Tony's principles with hiring staff and with trying to motivate them. Most of my staff would agree that they are not just working for me but for themselves and their future, something that adds enjoyment to the hard work for all of us. I recently formed a partnership early this year to help with the finances required with our expansion and we have just started marketing a new company called 'A to B Car Rental' and together with 'Practical City Centre Car Rental', (my first company,) we hope for greater expansion and diversification.

Edwin Cooney.

As a result of attending there has been a tremendous improvement in my whole life. I am now living life the way I should. I am so much more confident in my dealings with people and in life in general. At home I have become much more open. My ability to relate to people and relax with them keeps getting better and better the whole time. I am now enjoying life to the full and have taken to working-out in a gym. Thanks for everything, Donald (Cork)

18 Years of Depression Cleared

As a result of seeing the Blueprint paper I attended the healing therapy in Cork. I suffered from very bad depression for 18 years that came completely out of the blue.

Panic Attacks & Depression Gone

Dear Tony, I was at my very lowest when I heard about your relaxation classes in Cork. I suffered from very bad

panic attacks, my nerves were in shreds and I had very bad depression. I was attending doctors for this and was on loads of medication. I wasn't able to go into town at all. Anywhere I went to I had to have somebody with me and get there by taxi. I wasn't able to go into town for 7 years. I am out of all of this now, off all medication I am getting stronger and

stronger every day and enjoying a great social life and even that's getting better. I wouldn't give this up for all the tea in China. If it worked for me it will work for anybody - nobody was as bad as me and I would recommend it to everybody. I only want everybody to join the classes, it would really benefit them. It has rubbed off all the people around

When I first met the therapist about two years ago I had M.E. The disease had changed me from a very healthy, energetic, vibrant person to a 6 st. 10 lb. shivering wreck. Work went out the window as I simply could not cope, not only from a physical point of view but mentally I became very weak. A simple conversation on the telephone became impossible after 30 seconds, as I just did not have the energy to speak. Endless migraines, numerous allergies and an extremely weak digestive system was how I had felt for a year and a half when I met the therapist. I was not the greatest subject he ever had, I never felt any energy, thoughts were always racing about in my head but I got a great feeling of comfort and warmth and feedback from the rest of the class always fired my enthusiasm.

I wish I had invincible faith - I don't, but anything I ever asked the therapist for I got. I slowly but surely got my health back.

Having searched high and low for seven years I found the house of my dreams. In order to fund this house I started my own business. I started from home whilst I was still sick - from my own tiny kitchen - making chocolates and novelties, everything from Rolls Royces to Aeroplanes to pigs to Bunnies, Hens, Chickens, Santa Clauses. My idea stems from the belief that people are sick and tired of buying rubbish for themselves and their children at Easter time - I took myself to Belgium to learn the trade and to source the very best, purest

Videos Worth Seeing

We know you are amazed when you read some of the testimonials and maybe you feel they are too good to be true or are isolated cases. That's why we are now recording them on video. Some of the people, who through the formula/philosophy have achieved a richer life and/or overcome illness, have kindly consented to tell their story in the hope that it will help and encourage those who find themselves in similar situations. They truly make inspiring viewing. For times of showings call any of our centres. You will be most welcome.

me - I keep getting compliments every time I go out - they say things like 'you are much younger looking, your skin is looking great, you look very healthy and full of life'. I know all this is right, my energy for life is fantastic, so again thanks Tony and thank God I am great.

PATRICIA, CORK.

From M.E. to chocolates for the President

chocolate in the world. A year and a half later I have my own factory which is going from strength to strength. We are supplying Superquinn, Brown Thomas, Ballymaloe, the Kithery Shop and recently supplied

country mad once they taste it. The I.D.A have given me a feasibility study grant on this one. Now I am a very positive individual and have no doubt that I am headed for good times and great success. I have called the business



MaryAnn Irwin with one of her chocolate creations. Lily's Chocolates, Enterprise Centre, Phoenix Park Race Course, 01.381411

the chocolates for a state visit for the President. We are producing to the highest quality and the best hand-made chocolates, the purest novelties and finally I have come up with a totally new snack-type food product called Chocolate Crunch which is going to drive the

'Lily's' after my little daughter and we are adamant that we only use the very best ingredients, pure Belgian chocolate, 58% cocoa solids and pure Irish butter, cream and raw cane sugar. No preservatives, flavourings in our chocolates. MaryAnn Irwin.

Tony Quinn Healing Centres Nationwide

- DUBLIN CITY & COUNTY**
Castleknock
 10 Park Drive Grove
 Tel: (01) 304211
- Clondalkin**
 Green Isle Hotel
 Tel: (01) 304211
- Dublin Central**
 66 Eccles St. Dublin 7
 Tel: (01) 303717, 304211
- Dún Laoghaire**
 96 Lr. George's St.
 Tel: (01) 280-9891
- Dundrum**
 4 Ashgrove Terrace
 Main St.
 (opposite Dundrum Gym)
 Tel: (01) 285-1667
 or (01) 280-9891
- Lucan**
 Spa Hotel
 Tel: (01) 304211
- Raheny**
 316 Howth Road
 Killester
 Tel: (01) 339902
- Rathmines**
 2 Wynnefield Road
 Tel: (01) 974234
- Swords**
 Day Centre for Senior Citizens
 (beside Bank of Irl)
 Tel: (01) 8405540
 (01) 304211
- NATIONWIDE**
- Armagh**
 Tony Quinn Health Centre
 41 English St.
 Tel: (0861) 525742
- Ashbourne**
 Hunter's Moon
 Tel: (01) 304211
- Belfast**
 Wellington Park Hotel
 Mt. one Road
 Tel: (0861) 525742
- Bray**
 9 Quinsboro Road
 Tel: (01) 286-9311
- Carlow**
 Royal Hotel
 Tel: (045) 67139
- Cork**
 Tony Quinn Centre
 20 Academy St.
 Tel: (021) 276364
- Dundalk**
 Tony Quinn Centre
 18 Jocelyn St.
 Tel: (042) 38097
- Galway**
 St. Nicholas' Parochial School,
 Woodquay
 Tel: (091) 753114
- Limerick**
 St. Michael's Church
 Hall, Barrington St.
 (Off Pery Sq.)
 Tel: (021) 276364
- Mullingar**
 Greville Arms Hotel
 Tel: (01) 304211
- Naas**
 Tony Quinn Centre
 over Sheila's
 Hairdressing Salon
 Basin Street
 Tel: (01) 304211
- Waterford**
 Bridge Hotel
 Tel: (051) 76279
- Wexford**
 86 North Main St.
 (opp. White's Hotel)
 Tel: (01) 304211
 or (01) 287-5879