

# Healing Results from Our Centres

## Success Healing Health



*By helping the individual to make a small switch in his/her way of thinking, that is, changing their focus from the complaint/problem to their desired goal, the outcome is often a positive result. Once understood this approach to living can be applied to any area of life. We have had many thousands of successful cases. So, whether your goal is success, healing, health or life-improvement we would suggest that you consider this approach.*

*Here is a selection of just some of the latest results. As you can see, the results are many and varied and include what could be termed 'physical healing', like the letters on eye problems and pain. Then many people find that their mental state improves dramatically as they learn to relax and allow the healing to take place. Thus we find many remarkable accounts of phobias and fears dissolved and negative states like lack of confidence or insecurity or lack of purpose turned around. Other letters seem to reveal an even deeper level of change which we might call life-improving or life-changing. This is where the person taps into a previously hidden inner strength or source that they can use in their daily lives.*

### A POWERFUL PHILOSOPHY THAT CHANGED MY LIFE

Allowing yourself to open up to the philosophy of Tony Quinn will change your life completely and change it even beyond your wildest dreams. I'm a 23 year old college graduate and first started attending healing therapy classes at the beginning of January of this year. Career success has always been extremely important to me but since leaving college in 1991 I have had extreme difficulty landing my first job and more importantly a job which I would find challenging and stimulating and give me a sense of direction and purpose. I would have always held the belief, like millions of others, that success came from the push and shove of sheer hard work. I was bewildered to find that having left college and having spent 18 months doing just that I had gained little ground. All of this had left me depressed and emotionally drained. Since starting the healing therapy classes however all of this has changed. Tony Quinn's philosophy of the self has allowed me to focus on the things that are really important. His philosophy has taught me that to make any head way in any area of life whether it be your career or relationships or financially or on an emotional level you have to first focus on your real self - that perfect, all-powerful source that is within each and every one of us. By tapping into that life source and drawing it



Dónal Murphy with healing therapist Imelda Farrell outside the Cork Centre.

out anyone can turn life around and turn it around beyond recognition. From the very moment of doing that I discovered things just changed - I felt a lot more confident, self-assured and fulfilled. I found my first full-time job and later on this year I am fulfilling a great ambition and dream of mine by going to America to live and work because I was amongst the "lucky" few to acquire a visa. I truly believe that all this has happened because I stopped pushing and fighting to get places and just allowed my real self to come to the surface and do the work for me. I highly recommend healing therapy and the Tony Quinn philosophy to everyone and anyone. I believe that nobody, but

nobody, can afford not to get in touch with their real self. If you care enough about yourself, your life and the people in your life you must give yourself the best possible chance in life and that means letting go, opening up and letting your real self pour out its profound power and strength. In writing this letter I feel a little frustrated because I feel that words cannot adequately describe the gains to be made by using this philosophy of self. I do not claim to have mastered this amazing philosophy but I know it has changed my life and will continue to change it the more I allow myself to be influenced by it and I guarantee it will change yours if you give it a chance.

Dónal T. Murphy.

### LEARNING TO USE MORE OF MY POTENTIAL

I first heard of Tony Quinn about three years ago when one day to my good fortune I found a copy of his newspaper "Blueprint for Living" under the windscreen wiper of my car. In it I read an article written by Tony himself on self-improvement which impressed me deeply. I always loved reading self-help books but the majority of them were written by American authors and I was delighted that here was an Irish guy who not only wrote well but had his own organisation to apply his system. In the article he maintained that the majority of people were only using about 10% of their potential. It was like we were all driving around in Rolls Royces but were permanently stuck in first gear, but by plugging into Tony's philosophy you can move up the gears in your car as far as you want. I started to attend healing therapy sessions in Dundalk with Georgina Dolan, a very special girl. Within a few weeks I started to see great improvements in my life, but

the amazing thing was, I was doing nothing, and that is the secret.



Paddy McCourt.

This got me very excited and I went and spent one of the best weeks of my life at one of Tony's seminars. Through this, and contact with people I met, I got to know of the courses in Dublin and last year my wife

Una and I successfully graduated from the Ki Massage course. A proud achievement in that both of us had left school over twenty-five years ago. This year I am doing the psychotherapy course. Last year also the first centre was opened in the North in Armagh, and it is growing rapidly. The healing therapist there is Geraldine Goulding, another very talented and caring girl. Over this past three years I have had the opportunity to meet so many people and to see the marvellous changes happen in their lives just from attending the sessions. I totally believe that if every man, woman and child were to invest only six weeks, that's only 12 hours, simply attending the healing sessions and applying the formula for success we would see a dramatic improvement in everybody's standard of living and there would be far less problems in our country and the world.

Paddy McCourt, Lissummon, Co. Armagh.

### DEPRESSION CLEARED MAGICALLY

I am writing this letter to thank the therapy for what it has done for me. I have attended it since it started in Naas. I was a very depressed person for years. I had tried everything for recovery but everything seemed to fail. My life was miserable and I didn't see any future. I received a Blueprint paper from someone and when I read it I thought maybe it could help someone like me. I started attending the therapy and my life has changed in every way. I have gone on to be a very positive person, very confident in myself, very strong and most of all, very happy with life. The life I live now could have only been a dream in the past. I could recommend the therapy to anyone because the results are 100% for myself and that is the proof in itself. I can say it is just magical. I also want to thank my therapist.

A.B. Naas.

### YEARS OF TENSION RELEASED

I would like to express my thanks to you for opening a branch of your organisation in Armagh. I initially went along because I have always believed that relaxation is very good therapy for everyone, but I have to say that the benefits I have received are far beyond my expectations. I have been attending for four months but the week before the Armagh seminar I had the most marvellous sensation that my neck and shoulders were being released from years of tension. I also had a similar experience the week after the seminar which left me feeling really good. I am 58 years old and my one regret is that I did not start the therapy many years ago, because I know it would have helped me to deal with many of my problems so much better. From my own experience I would like to say to anyone contemplating the therapy, give it time to work, because you cannot expect to solve



Thelma Jackson.

problems in two weeks which probably took years to build. My good wishes go to you and all your fellow workers.

Yours very sincerely,  
Thelma Jackson.

### CANCER TRAUMA RELIEF

Following major surgery I went along to the healing therapy as I was feeling very depressed due to the traumatic effect of having been told I had breast cancer. After attending a few sessions, I really learned how to relax mentally. By doing the relaxation I stopped thinking and worrying about what had happened. I began to feel very well and also look well. Since then I am grateful for what the healing has done and is still doing for me.

Margaret Frost, Dun Laoghaire

### HOME LIFE IS 100% IMPROVED

A year ago I found a "Blueprint for Living" on the windscreen of my car. I came home, sat down and read it. At that time I was in a deep depression, yet something clicked that this was the answer. On Monday I phoned for an appointment and arrived down in Naas. When I watched the video I knew I was right and after the first session I was sure. My own thoughts kept me back, but suddenly one day I felt a great lift and haven't looked back since then. My life

has changed dramatically. I am more content, more peaceful and happier than I can ever remember. My home life is 100% improved. I passed my driving test. Before this I would be a bundle of nerves at any test, but this time I knew I would get it because I was so positive. All in all, life is now wonderful. I thank you with all my heart for the gift you have given me. Yours sincerely,

Brenda, Naas.

## ...F Fu Teen

My associates Tony Quinn spanned me but my first connection to Teenage Group motivated to hearing one brilliant result being about groups. I feel looking back one of the best I have ever had I feel that that I have direct result group allow express the of me; to do immense positive health, intelligence that was instilled

Fred Smyth (Age 80) I just really liked groups. I feel helped me overcome major problems come across, why I kept in situations that want, and no how to survive

John Piliars (Age 16) In the group express my completely a result of the self-confidence myself. Before

### 18 MO

Four years misfortune spent the night and a lot of through a convention looking for an acceptable condition. I tried medical physiotherapy, chiropractic, spiritual but these did none make difference. The healing This therapy relaxation overnight I was back. Indeed I feel than I ever and gradually condition re. I was so impressed results which from this

### PAIN

I have had right wrist as a result of painful and caused this I put it down