

What the public are saying about

# WEIGHT LOSS

## Lost 21 lbs in Six Weeks

by Adrian Doyle

I was 16 stone last February and had been this weight for many years. On going on a course of Amino-Or supplements for a period of six weeks the result was a weight loss of 21 lbs taking me down to 14½ stone. I feel marvellous, better than I have for years.

It should be pointed out that I would have had a salad (including a few potatoes) about five times a week and that I made it a rule not to eat between meals, however if I felt hungry I did eat. The whole programme went very well for me and needless to say I am delighted with the results.

### 1½ STONE LOST

A Chara,  
I herewith enclose a Postal Order to the value of £13.60 for Amino-Or. I have been on them since September, 4 months, and have lost 1½ stone. Thanking you, I remain, yours faithfully,  
Pauline B.  
(Co. Sligo)

### LOST 18 lbs.

Could you send me a copy of your prescribed diet sheet. I would be very grateful. I was very pleased with the first 2 months I have been on Amino-Or. I lost 18 pounds. As I am very heavy I need to lose about another 3 stone.  
Yours very sincerely,  
Sarah  
(Glasgow)

### I LOST 2½ STONE

Dear Sir/Madam,  
Further to recent correspondence, could you please forward me 3 month's supply of Amino-Or. I find them excellent, last year I lost 2½ stone while taking them.  
Yours,  
Katherine L.  
(Co. Kerry)

### I RECOMMEND THEM

I was a stone overweight and having tried Amino-Or for only two weeks I lost half a stone and I could still eat as much as I liked once I stayed away from fatty foods. I would certainly recommend them for anybody who wanted to lose weight.  
Frank M.  
(NCR, Dublin 7)

### DELIGHTED WITH RESULTS

Dear Tony,  
I decided to try Amino-Or Capsules for one month. I was delighted with the results. I lost an inch from my waistline and hips. As well as that I feel much better, and in better form all the time.  
S.A.  
(Ballyman, Dublin 9)

### SHAPE CHANGED

I took a course of Amino-Or and I was very pleased with the results. In two weeks my shape had changed and I felt very good. Over the month I lost 1½ stone. I would not hesitate to use them again if the need arises.  
Mary.  
(Finglas)

### SIZE 14 TO 12

Dear Tony,  
I've been on Amino-Or for one month and I've firmed up so much that even my aerobics teacher has noticed. I've gone from size 14 to 12 and am delighted with the new me.  
Sincerely,  
M.S. (Ballyfermot)

### GREAT ENERGY

I started Amino-Or last September. I was 11½ stone. By first of December I was down to 10 stone. I had great energy as well.  
M.B. (West Cork)

### WORKED FOR ME

I started using Amino-Or in my bid to lose weight on December last. In the space of 8 weeks I have lost approx. 1½ stone by watching my diet, regular exercising and Amino-Or. They have definitely worked for me and I would recommend them to anyone.  
M. Lynch. (Cork)

### I FIND THEM FANTASTIC

I started Amino-Or 2 months ago. I have lost 1½ stone. I have lots of energy in the mornings. I will continue to take Amino-Or. I find them fantastic.  
Irene. (Co. Cork)

### RESULTS REALLY FANTASTIC

I have recently started using Amino-Or and I find the results really fantastic. I have a very big weight problem and cannot exercise properly because of a medical condition. I have lost weight and toned up and have found no side-effects and loads of energy.  
Yours,  
E. Hegarty. (Derry City)

### WORKED WONDERS

I have nearly one month's supply taken. They worked wonders for me. I have lost 10 lbs. in a month. Thanks - keep up the good work.  
Eilish K. (Co. Meath)

### GREAT AMOUNT OF ENERGY

I lost 2 stone in 1 month since I took Amino-Or. My friend also lost a stone and a half. I also realise that I have a great amount of energy.  
Michael M. (Co. Dublin)

We continue to receive letters from the public regarding Amino-Or as an energy booster and body toning aid. Amino-Or is a food supplement taken in capsule form. We make no claims for this product.



### THEY WORK FOR ME

Dear Tony,  
I've enclosed a Postal Order for £12.00. Please forward a packet of Amino-Or.

They are the only things that work for me. Keep up the good work. Please forward as soon as possible as I only have a week's supply left.  
Yours sincerely,  
Linda.



Adrian Doyle

### SPECIAL NOTE

ALL LETTERS IN THIS PAPER ARE GENUINE. THE ORIGINALS ARE RETAINED ON OUR FILES AND CAN BE INSPECTED WHERE NECESSARY.

## MAIL ORDER

Free information booklets are issued with all of these products

Product	Cost	No.	Total
AMINO-OR (1 Month's Supply)	£12.60		
AMINO-OR (2 Month's Supply)	£23.60		
AMINO-OR (3 Month's Supply)	£33.00		
AMINO-OR (4 Month's Supply)	£42.00		
SPECIAL LIVER FORMULA (1 Month's Supply)	£12.00		
TAN SAFE (1 Bottle)	£6.90		
TAN SAFE (2 Bottles)	£13.00		
MULTI-VITAMIN & MINERAL (3 Month's Supply)	£12.25		
AROMA-SOOTHIE	£5.90		
BETA-GOLD (1 Bottle)	£10.50		
BETA-GOLD (2 Bottles)	£19.00		

Credit Card Holders can place their order by phoning (01) 308588 / 304078 Mon to Fri up to 10pm, Sat up to 6.30pm.

Please forward to me the item(s) marked.

I enclose Cheque or P/O for £.....  
or charge my Credit Card

Credit Card Number: \_\_\_\_\_

Expiry Date: \_\_\_\_\_

NAME (Block Caps): \_\_\_\_\_

ADDRESS: \_\_\_\_\_

Phone: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Post to: TONY QUINN HEALTH CENTRE  
67 Eccles St., Dublin 7.  
Allow 6 to 8 Days for Delivery

SUMMER '93