

Human Potential

continued from page 2...

Q What would you consider to be your greatest contribution so far?

Tony... My greatest contribution has been being able to impart to people what I call my basic principle. Indeed, my whole life has revolved around one basic principle that I have discovered and if I had my way I would put it into the hands of every man, woman and child in the world. That is why I am pursuing research in this field - to prove that it holds up scientifically. Quite simply, what I have discovered is that with just a small switch in your way of thinking you can literally bring about the life of your dreams.



"That whole area of how we use our minds is the future. It is really the leading edge at the moment because it has been found that education of today doesn't do anything to help us succeed at the business of living or solve the world's problems. So the emphasis is no longer on just learning knowledge 'parrot fashion' but instead on using more of our minds to solve our problems".

Q That's some statement.

Tony... Nevertheless, essentially I believe it to be true. As far as I know the only thing that stands between success and failure as a human being is your capacity to use this basic principle. I think of it like a switch in your head. Did you ever see the old railway tracks where they used to have someone switch manually from one track on to another? It is the same in your head. By just switching your way of thinking you can literally switch from failure to success and I believe that applies all across the board.

Q Do you use this principle yourself?

Tony... As I said my whole life revolves around it and anything I have achieved so far has been the result of using it and I seriously believe I am only starting. When I go down the street and I pass by people I want to rush up to them and start telling them all about this approach to life.

Q What does this mental switch involve?

Tony... If you remember earlier we talked about using ten per cent of the brain and attempting to access the other ninety per

cent. mental switch you get all of the parts going in one direction and then the magic begins.

Q Do you believe this applies in any situation?

Tony... Absolutely, because this is the same approach I use with people to get them to this level of expanded awareness where they have, for instance, a greater memory. There is so much more that we have learned in there in our minds, so much potential that we can tap. I firmly believe that we have got the answer to all our problems right inside each of us and just by learning to use all of your mind you will find that the results can be just like magic.

Q Like magic?

Tony... Yes, a bit like Mandrake the Magician you would read in a comic where you use your mind to cause what you want to come about. Now, some people may laugh when you say that, yet, the same people will pray and when you pray you believe in some way that you can enlist the aid of a Higher Power to bring about what you want.

Q Prayer seems to be an area you have great interest in.

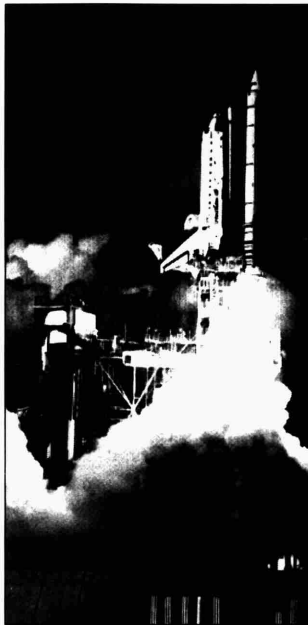
Tony... Yes, indeed, because this very principle I am talking about is vital to get results in the area of prayer. If you get all of yourself going in one direction this produces faith and that releases an energy, whether it be on a physical level in an activity you are doing, on a mental level to release more of your potential or even on a spiritual level to bring about what you want through positive thinking or prayer. It is quite easy to learn yet it makes the vital difference.

Q Do you think this principle will ever become universally acceptable?

Tony... Absolutely, that is what I intend to work, study, research towards. I believe that it will be the foundation stone of our evolution as human beings.

Q You think it is as great as that?

Tony... Absolutely, and I intend to do my part to put it before people. When you consider the fact that most people spend fourteen years or more getting an education, well I am convinced that just a weekend training their minds to use more of themselves can be of more value than those fourteen



"Yes, for years now scientists have been saying that we have only been using ten per cent or less of our mental potential so the search is on to harness something of that other ninety per cent and to put it to use for us".

years. When I say of more value - of course, it is valuable to learn to read, write, or whatever but you would imagine that you could learn those in a year or two. After that, I feel the most important thing we need to do is to learn how to use ourselves in the proper manner. I used to joke about it by saying that if you buy a washing machine at least they give you a book of instructions but when babies arrive they don't have any instructions hanging around their necks about how to operate themselves for best results. I believe that this principle I

am talking about allows people to access much more of their potential than anything else I have seen so far. I have found that once I can get the principle across to people it can bring about amazing results. Of course, I always say to people, if you have got a medical problem you have to have medical advice, you have to have medical treatment but you can still use this principle and often it can be of amazing benefit. The irony of it is that it almost worked too well. I've had so many thousands of people heal themselves that this became unpopular in some quarters. However, I won't go any



"I used to joke about it by saying that if you buy a washing machine at least they give you a book of instructions but when babies arrive they don't have any instructions hanging around their necks about how to operate themselves for best results".

further into this except to say I have very strong views on this matter. I believe that each of us has a God-given right to learn to use our minds to their maximum potential to enable us to live the life we want. No one, and I mean no one, should have the right to interfere with this.

Q Well you certainly are passionate about this.

Tony... Yes, it's everything to me. For not only can it be used with any form of therapy it is also the basic principle of success. That is why I always go to great pains to try and persuade people to devote a weekend to learning how to do this. After all, the weekend will pass anyway but I honestly feel that this could be the vital turning point in a person's life.

Q O.K. you have sold me - when is your next seminar?

Tony... Quite seriously, as far as I know the last seminar I did which includes the mental training necessary to use this principle is now on video and can be seen in the centres.

Q Well, by what you are saying it sounds like we haven't heard the last of you.

Tony... No, certainly not. I have always found that what I was interested in ultimately became popular and I still would like to say that I believe that this principle will be recognised for what it is. I believe it contains the capacity to bring about a revolution - but in the nicest possible way.

Q Finally, do you think Ireland in general has become more accepting of your whole philosophy?

Tony... Yes, I do. I would say that Ireland is becoming much more progressive, much more open-minded in this way. We can see Ireland expanding in regard to everything from music, sport, even to helping the world. Sometimes I feel that Irish people have an inferiority complex. They see other people as being better than themselves but I find, on the other hand, that when I am away one of the biggest advantages I have is being Irish because we are naturally friendly, we have the gift of the gab and it is easy for us to communicate with other people and people take to us so well. So, frankly, I hope to be one of these Irish people who make a big contribution to the world at large.

Reporter - Jim Fitzgerald.

Sho

H
S
C

6 W

T
up
stretch
will r
The u
suitab
how t
has n
result

Ou

STAC
POSTU
ASSESS

We begin
posture a
This is a
the progr

Body's
The id
cour
you