



RAY BURKE T.D. pictured receiving a present at the opening of the Salt House Restaurant in the Cardy Marina from tafford Quinn (proprietor) and Mary Halligan. Included is Joe Davis, Chairman Balbriggan Town Commissioners.

The Tony Quinn system of **Holistic Health** comes to Drogheda

Holistic Therapy is a system of healing which allows a whole person to improve physically, mentally and socially, and in Drogheda in cent months, people availing of the therapy have ported fantastic results. Tony Quinn's system of

Holistic Health has provided relief for many people from all sorts of problems from obesity and backache to depression and multiple sclerosis.

At the moment, people in the North East can avail of this treatment by calling to

the White Hall Door, Sundays Gate, Drogheda on Tuesdays and Fridays from 7.30 to 10.30 p.m. or by phoning 042-39097 for an appointment.

Since the therapy became available in the North East,

many satisfied customers have written to tell of their success stories, and the dramatic improvement they felt since availing of the therapy.

Maureen from Dundalk started the therapy because she was anxious, depressed, was sleeping badly and couldn't eat, but since the therapy began she is bursting with energy and feeling chirpy and cheerful.

Ann from Duleek found her marriage was falling apart because she just could not cope with her husband and family, and she was afraid of just about everything! Again she felt a dramatic improvement through self development and now her marriage is better than it has been in a long, long time.

Jim from Drogheda wrote to tell about his experience of therapy after suffering four heart attacks. His family were told not to expect him to recover. When he left hospital, he began going for therapy and now he writes:

"I have never felt better in my life. I am working and walking well plus doing a lot of things I could not have tackled before. Thank you."

A local man who suffered from bad asthma attacks has dramatically improved since starting the therapy while a Newry man who suffers from severe back pain due to sciatica has found great relief through the system.

Tony Quinn also has a range of health supplements called Nutritional Breakthrough which help improve health and well being in a very natural way. He also supplies exclusive products such as Beta Carotene which serves as a cancer protection for smokers, Grey Gone, which brings back original hair colour and Lavin, a long life deodorant. He has a centre in Jocelyn Street, Dundalk.



St. Patrick's 25th

St. Patricks, Stamullen have never been one of the glamour sides in Meath senior football but for a proud history of both players and officials they cannot be rivaled.

Those were the days of Pat "Red" Collier, his brother, John, Tony Murray, Jimmy Ludlow, Bobby Russell Jr., Eamonn Reilly who got the decisive goal in the finish, Seamus Kennedy, the noted full back and two of the club's very special players. Paddy Dixon was the goalkeeper and it's a position he was virtually unrivalled in for a quarter of a century.

Although the senior championship has never come to Stamullen they have had their moments, including Div 2 winners, 1975, u.17 in 1985 and minor in 1984 but not least that famous day

presently being celebrated 25 years ago when they defeated Kells in the Intermediate Championship.

On that occasion it was again to be disappointment, the "Saints" going under to Summerhill despite the efforts of such fine players as county man, Phil Smith, Tommy Carson who had been a county minor two years earlier, Tommy Hughes, brother of Monaghan ace, 'Nudie' and Declan Russell.

Names also to be remembered were those of Ivan Curran, a star of the minor team in 1980, David Mooney and one of the undoubted kings of Meath football at present, Michael McCulligan. The Meath keeper who has two All Ireland titles to



● THE 1963 committee of St. Patrick's G.F.C., Stamullen.

The Tony Quinn System of **HOLISTIC THERAPY** COMES TO DROGHEDA

At the White Hall Door, Sunday's Gate
On Tuesdays & Fridays from 7.30 to 10 a.m.

Also available are the successful range of Nutritional breakthrough health supplements from Tony Quinn

READ WHAT THE SATISFIED CUSTOMERS SAY:

Amino-Or for weight loss

Lost 1 1/2 st. in 3 weeks:

I was a fair bit overweight for about 2 years. I decided to try Amino-Or but I didn't really think it would work. Now I'm back for my second lot having shed about 1+ st. in 3 weeks. I was wearing a size 18 and feeling rather depressed, now I am down to a size 14 and hoping to get into a 12. L. GRANT, East Wall, Dublin 3.

Liver formula for Skin & Energy Improved Appearance

For over six years I suffered from acne which left the skin on my face, neck and particularly my back disfigured by ugly red blotches. This made me acutely self-conscious and embarrassed about my appearance. I switched to a healthier diet supplemented by Liver Formula and within a month I noticed my skin clearing. Now my skin is almost completely clear and there has been a dramatic improvement in my overall appearance. My skin has taken on a healthy glow and the lines on my face seem to have almost faded away. I found that Liver Formula also delivers an energy boost and is a first class tonic. E. McDONNELL, 3 Nelson St., Dublin 7.

OTHER EXCLUSIVE PRODUCTS INCLUDE:

Grey Gone — Brings back the original colour to grey hair, naturally!
Lavin's long life Deodorant — The permanent answer to Body and Foot Odour.
Beta Carotene — Cancer protection for smokers, and more more too.
Call to above address or —

The Tony Quinn Health Centre, 18 Jocelyn St., Dundalk — Tel. 042-39097

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